Canadian Legal Resources Centre Inc.
403-229-2774 • www.canadianlegal.org
UNCONTESTED DIVORCE
Legal Separation Agreements
Spousal Land Transfers
CRIMINAL RECORD?
Canadian Pardons • US Travel Waivers
Fingerprinting
21+ years experience.
Voted #1 Paralegal. Why pay more?
Open Monday to Saturday.

STEPPING UP TO NEW TECHNOLOGY
LATEST IN FILM SERIES GOES 3-D {page 14}

600 HISTORIC HOMER FOR RODRIGUEZ
SPORTS {page 26}

CALGARY metro®
Thursday, August 5, 2010
www.metronews.ca
Share this copy with a friend

Flames to host Heritage Classic

About 40,000 seats eyed for outdoor game: Flames president • Squad will wear retro jerseys to honour Calgary Tigers, city's first major professional hockey team

LARRY MACDOUGAL/THE CANADIAN PRESS

▶ Calgary Flame Steve Staios and Montreal Canadien Josh Gorges pose with sticks and jerseys during a press conference for the 2011 NHL Heritage Classic game in Calgary yesterday. The game will take place on Feb. 20, 2011, at Calgary's McMahon Stadium.

Steve Staios will once again represent the home team when the NHL's outdoor Heritage Classic returns to Alberta, only this time the former Edmonton defenceman will be wearing the logo of the Calgary Flames.

Staios will suit up for the Flames against the Montreal Canadiens Feb. 20 at McMahon Stadium in the first NHL outdoor game to be played in Canada in seven seasons. Staios was also a part of the NHL's first regular-season outdoor game ever, when the Oilers lost 4-3 to the Canadiens on Nov. 22, 2003.

"I feel fortunate to get another chance to play in it," he said.

Staios, who was traded from Edmonton to Calgary late last season in the first-ever deal between the provincial rivals, recalled the blistering cold temperatures that the players faced seven season ago in Edmonton.

"It was cold and it was uncomfortable, but people will remember it forever because of it," Staios said.

Flames president Ken King said the Flames and the NHL will develop a contingency plan that could involve moving the game back indoors if the weather is too warm.

"I know that (with) the tradition of hockey here in Calgary and the great fans we have ... it's just going to be a memorable event."
STEVE STAIOS, CALGARY FLAMES

THE CANADIAN PRESS

Fire

Expecting couple loses home

Pair's Cranston house among three that went up in flames • Total damage pegged at $2 million • Cause of blaze has yet to be determined {page 3}

Papa Joe to blame for lost Idol spot?

Reports allege dad's ridiculous demands doomed Jessica Simpson {page 19}

Floodwaters swallow villages in Pakistan

Residents evacuated from populous Punjab province {page 9}

Restrictions challenging RIM

Company says it won't budge on user privacy {page 11}

Khadr brother released

Abuse prompts stay of extradition proceedings {page 10}

GM EMPLOYEE PRICING EVENT

0%
for 60 months
ZERO DOWN!

Chevrolet Aveo

$99 bi-weekly
ZERO DOWN!
NO INTEREST!

21 REMAIN !!!

Chevrolet Cobalt

$99 bi-weekly
ZERO DOWN!
NO INTEREST!

206 TO CHOOSE FROM !!!

Chevrolet Malibu

$189 bi-weekly
ZERO DOWN!
NO INTEREST!

22 REMAIN !!!

Chevrolet Impala

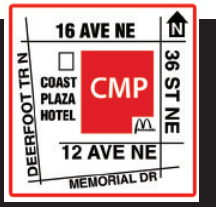
$219 bi-weekly
ZERO DOWN!
NO INTEREST!

9 REMAIN !!!

Prices do not include taxes, $399 doc. fee and $250 cost of vehicle preparation, $6.25 AMVIC Levy, errors and omissions exempt

CMP GM
CHEVROLET Cadillac BUICK GMC

403-539-6004
cmpauto.com



CORNER OF 16TH AVE & 36 ST. N.E. MONDAY - THURSDAY 8AM-9PM FRIDAY 8AM-6PM SATURDAY 9AM-6PM

AMVIC LICENSED

New Alta. political party in the works?

Another provincial political party may be on the way as one Calgarian is working to promote the Alberta Reform Party.

Frank Martens, one of the party founders, said the idea was born about 3½ years ago.

"We feel there's a gap where we fall in as a small 'c,' small 'l' kind of party," said Martens.

While they have been unable to collect enough signatures to become a registered party, the group launched a website in May to promote their ideas.

To learn more about the party, go online to www.albertareform.com.

KATIE TURNER

8.6KM

The distance of new pavement to be laid on southbound Deerfoot Trail, north of McKnight Boulevard to the city limits, that was started yesterday. The $6.4 million project will be funded through the Canada Economic Action Plan.

Crews still cleaning up train cars

Clean-up crews continue to clean up the train derailment location in Airdrie where 30 cars spilled on Tuesday.

Officials say the clean-up may take days but said any major leak of chemical toxins has been avoided so far.

As soon as the spill is cleaned up, Canadian Pacific Railway will restore the tracks.

METRO CALGARY

KATIE TURNER/FOR METRO CALGARY

▶ Mohammad Rahman and his pregnant wife, Jackie Nicholson, survey the damage done to the rental home they moved into two weeks ago, as fire destroyed three homes early yesterday morning in Cranston.

Parents-to-be left homeless

- Damages for the three destroyed homes are estimated at $2 million
- Fire may have originated in garage and spread to adjacent homes

KATIE TURNER
CALGARY@METRONEWS.CA

After an early morning call of a fire on their street, Jackie Nicholson and Mohammad Rahman rushed home from Edmonton not knowing what to expect.

They pulled up to their Cranston rental home, which they just moved into two weeks ago, only to find it had been destroyed, along with the nursery they had just set up.

"I'm trying not to stress out the baby but it's hard," said Nicholson, due on Sept. 6.

Rahman added, "We gathered everything for the baby, we were just getting ready."

Their home was to the right of where officials say the fire originated, on Cranridge Crescent SE and Rahman, who is an engineer in the city, said they had yet to purchase renter's insurance.

"The fire probably went unnoticed for some time," said CFD public information officer Brian McAsey.

"On arrival, the fire had spread to the two adjacent houses."

McAsey said the investigation is ongoing and a cause has yet to be determined.

How to help

- Those who want to help the couple can contact soude29@yahoo.com.
- "I was running around knocking on doors frantically," said fellow neighbour Derek Holmes.
- Neighbours said the home to the left of where the fire began was a day home for children.

1 news

News on the move

1. Download the free ScanLife application with your smartphone at 2dscan.com
2. Use the ScanLife application on your smartphone to scan 2D barcodes in Metro
3. The codes will direct your mobile browser to relevant content at **m.metronews.ca**

On the web at metronews.ca

Whale-watching premiers get themselves soaked in Churchill, Man. Video at metronews.ca/canada

100's OF DEALS!
SUMMER SALE
UP TO 50% OFF

Hot Buy Save 40% on our best proteins
GNC LiveWell.
Check out the 100's of money saving offers in the GNC Summer Flyer. Read it at: www.gnc.ca and at www.flyerland.ca Enter gnc in the store name.
Visit GNC.ca for the location nearest you

Candidate upset forum cancelled

The cancellation of September's Calgary Economic Development mayoralty candidates' forum has one candidate miffed.

"It could have been the largest, most relevant forum in Calgary's history. Thousands of people and the media could have been involved," said candidate Paul Hughes.

Candidates expressed "secrecy" concerns when it was announced the Sept. 7-8 forum would be closed to the public and media, involving only mayoral candidates and members of the Calgary Economic Development, Calgary Airport Authority, and Telus Convention Centre, among other organizations.

Yesterday, F. Bruce Graham, president and CEO of CED, issued a statement that the forum "was not intended to be a public debate" and "is no longer taking place."

"The race hasn't officially started yet, but there are 12 candidates—that in itself is quite a number. How do you run a forum with that many candidates? Who gets in and who doesn't?"
DUANE BRATT, POLICY STUDIES PROFESSOR

"They're pulling out," said Hughes. "This is extremely immature, shortsighted, and selfish. It's like a four-year-old's temper tantrum."

Hughes called transparency, or an open government, an "amazing tool."

"We all lose now," Hughes said. "Their decision is wrong." ● BRETTE EHALT

KRISTA SYLVESTER/METRO CALGARY

▶ Zombie 2012 artist Mark Cromwell, left, creator Jason Primmer and writer Josh Bertwistle show off zombie heads they created as a prop for their comic book.

Comics bring the undead to life

▶ Calgary group plans to market the comic books for $4 each and include four entries plus extras ▶ Can be found at www.zombie2012.com

KRISTA SYLVESTER
@METRONEWS.CA

It's a zombie apocalypse in their world and a fantasy-filled escape from ours.

Three Calgary guys have collaborated to produce a unique weekly online comic dubbed Zombie 2012 and in just a few weeks they will be producing a print version of the comic as well.

Zombie 2012 Creator Jason Primmer asked for a little help from his friends and got artist Mark Cromwell and high school friend and writer Josh Bertwistle on board.

"I think people don't necessarily have to like zombies or necessarily like comics to like the Zombie 2012 story. I think it's very fun and accessible," Primmer said.

All of the guys have day jobs but all three say working on the comic is a great escape, including Cromwell.

"I am a busy guy and tend to have a lot on the go so to get to the drawing board and draw some zombies is actually a lot of fun and a nice break to the day."

2012

- The story line is loosely based on the end of the Mayan calendar in 2012.
- The two main characters are a human named Korben and a zombie named Will.
- Writer Josh Bertwistle actually went to film school and thanks creator Jason Primmer for allowing his writing to be more "accessible."

Visa payWave
speed read
breaking news
brought to you by
Visa payWave.
a secure, faster
way to pay.
just wave and go.
ScanLife

Blues fest has 'killer lineup'

Six years in and the Calgary International Blues festival lineup is stronger than ever, according to officials.

The six-day festival kicks off today and will feature 33 artists, including 25 from around the world, and will take places at several venues across the city, including Olympic Plaza and Shaw Millennium Park.

"We're very excited. We have a killer lineup and we think we have a great blend of local artists and artists from all over the world," producer Cindy McLeod said.

McLeod expects about 25,000 blues enthusiasts to take in the festival and expects many will enjoy headliners like David Clayton-Thomas, Juno winner Lester Quitzau and MonkeyJunk.

Tickets are available online at www.calgarybluesfest.com and kids under 12 are free. ● KRISTA SYLVESTER

▶ David Clayton-Thomas

School studying quakes

University of Calgary researchers will be in the Rocky Mountain House area searching for earthquakes.

Geophysics professor Dave Eaton and his team will be installing five seismograph stations to measure micro-earthquakes.

He says micro-earthquakes usually register at 2.0 or less on the Richter scale, which aren't usually noticeable.

Eaton says seismographs owned by the Geological Survey of Canada don't pick up micro-earthquakes. THE CANADIAN PRESS

Eco-review coming for eateries

The restaurants of Calgary will soon be assessed based on their level of environmental sustainability.

Leaders in Environmentally Accountable Foodservice will begin certifying the city's restaurants this fall and will be issuing level one, two or three certifications.

Restaurants will be evaluated on a set of 10 criteria, which includes topics such as food purchasing, water use, waste and recycling. ● METRO CALGARY

Chinatown to get facelift for 100th

Calgary's Chinatown is about to get a makeover to celebrate its centennial, city officials say.

It's been relocated and re-invented numerous times over the years, but this time it's going to get a whole new fresh look, says city community services co-ordinator Deb White.

"We've taken the work that we already had on the books and said, 'how can we leverage it to maximize the improvements,'" White said.

In addition to banner-art waving on red lamp-posts, new recycling bins will be installed, improved lighting will line Centre Street Bridge, and a redeveloped Sien Lok Park. Development would occur late 2010 after stakeholder engagement in the fall. ● KRISTA SYLVESTER

CAROLYN KASTER/THE ASSOCIATED PRESS, INSET: AMA

▶ Prospective drivers can now test their knowledge with a downloadable AMA iPhone app, right.

New iPhone app to train novice drivers

Learner's Licence Practice Exam app allows people to work through 30 random questions each practice test

KRISTA SYLVESTER
@METRONEWS.CA

It's cooler, fun, more savvy and educational, too.

Alberta Motor Association Driver Education has partnered with Fission Media to develop the latest free iPhone app to help new drivers prepare for their licence exams, according to AMA.

"We're very excited to be able to offer this as a free app," said Stephen Chan, AMA director of driver education.

Chan said the application will also result in better drivers on the road and will be able to track their progress while studying.

"We feel this application will help people to not only pass the test, but also better understand the principles of driving."

150
The number of questions in the practice exam database to be rotated through.

Grade 12 student Chelsea Anderson said she will download the phone application to study before she takes her test in the fall — she already failed once by one question.

"I think it's a great idea. I always seem to lose the books and I find them boring to read," she said.

"I think this sounds more interactive and easier to learn, plus I always have my phone with me on the bus so I can study anytime."

The app is now available as a free download at the Apple iTunes store under the listings for AMA.

ROBERT F. BUKATY/THE ASSOCIATED PRESS

▶ An elm tree ravaged by Dutch elm disease.

DUTCH ELM DISEASE

Help city keep elm trees free of disease

Alberta has the largest stand of Dutch elm disease-free American elms in the world, and the city wants Calgarians to know they can help keep the trees healthy.

DED is a fungus that clogs the tree's water-conducting system and causes it to die. Calgarians can help by monitoring the elm trees in their communities and yards, according to officials who says the trees are a vital part of the city.

For city-owned trees displaying symptoms, the city asks Calgarians to contact 311.

METRO CALGARY

Tax break not getting low-income kids off the couch: U of A

University of Alberta researchers have found that the federal children's fitness tax credit is mainly benefiting families who can already afford to pay for organized sports or dance classes.

It says few low-income families have the money to put their children in such programs and then claim the tax break of about $75 a child.

THE CANADIAN PRESS

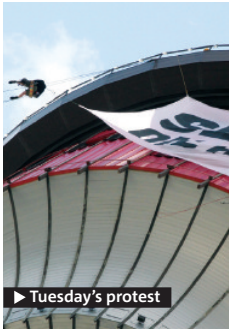
North Hill MAZDA
MINOR DAMAGE
MAJOR SAVINGS
mazda
zoom-zoom
HAIL SALE
HERE IS YOUR CHANCE CALGARY TO
SAVE $1000'S
ON OUR ENTIRE STOCK OF INVENTORY DAMAGED BY THE STORM.
PLUS!
0% FINANCING
SAVE UP TO
$8000
CASH SAVINGS
276-5962
1211 Centre St. N.
www.northhillmazda.com
AMVIC LICENSEE

Calgarians not on hook for Tower protest

- Greenpeace protest didn't cost taxpayers, police say
- But it did take up police and firefighter resources

BRETTE EHALT
CALGARY@METRONEWS.CA

METRO CALGARY FILE



▶ Tuesday's protest

Taxpayers can breathe a sigh of relief: Greenpeace's stunt didn't cost them any extra pennies.

Calgary police and fire teams responded to Greenpeace activists at the Calgary Tower Tuesday morning, as protesters climbed the tower to unfurl a "Separate Oil and State" banner.

Police who arrived on-scene were on duty anyhow, according to Emma Poole with Calgary Police Services.

"It was more of a disruption than an additional cost," she said. "We have to draw from other areas of the service to cover one call. This disrupts other units."

The Calgary Fire Department didn't have to call in extra personnel, either. But, said Brian McAsey of the department, the call was still a "tax upon the system."

"If there had been a fire or if a rescue was needed (at the same time), our response would have been slower and resources more scarce," he said.

Yesterday, nine protesters, including two Calgarians, were charged with one count each of breaking out and mischief to property.

Acting Staff Sgt. Abe Hammoud said police will broadcast a message to downtown buildings about increasing security.

"We want to make sure this kind of incident won't happen in the future."

Media attention is stunt's goal, says PR expert

Greenpeace Canada's spokesperson claimed the Tower stunt was about generating dialogue on Alberta's environmental destruction. But one public relations expert disagrees.

"I don't think they're interested in dialogue. They're interested in getting their message across," said Marc Chikinda, dean of communication studies at Mount Royal.

"Dialogue involves a friendly discussion. They're concerned about getting the media's attention and they do it spectacularly well," he said.

"Every time they do one of these things, they get a massive media response."

BRETTE EHALT

COURTESY MOUNT ROYAL UNIVERSITY

▶ Marc Chikinda

ENERGY SECTOR SURVEY

Less oil, but more problems

There's less oil and more troubled water in Alberta's energy sector.

The province's energy regulator has released a survey of how companies are living up to regulations.

And while almost every measure of compliance is stable or slightly improved, one critical measure has fallen off badly — public satisfaction.

Almost one-third of those who took a complaint to the Energy and Resources Conservation Board say their problem wasn't resolved — a significant drop from previous years.

Board spokesman Darin Barter says that may be because reduced new drilling activity means inspectors have to deal with more older, hard-to-resolve issues.

THE CANADIAN PRESS

Tips sought in missing-couple case

Crime Stoppers has put out a plea for "any piece of information" to help find out what happened to an Alberta couple who have been missing for more than a month. Lyle and Marie McCann were last seen July 3 gassing up their RV in their home town of St. Albert, just north of Edmonton. THE CANADIAN PRESS

Cop guilty of luring quits post

A Calgary police officer convicted last week on luring a child over the Internet has quit resigned from his position. Const. Randann Sargent is scheduled to be sentenced on Oct. 15. He was found guilty of asking for nude photos of a 17-year-old girl, who was in fact an undercover police officer. METRO CALGARY

INVEST IN CALGARY'S FIRST AUTOMATED PARKADE

SEVENTH AVENUE AUTOPARK INC.

Changing the way Calgarians park

Downtown Calgary is home to the second highest parking rates in North America. We are currently seeking City approval to build Calgary's first automated parking facility. By investing a minimum of $30,000 with Seventh Avenue Autopark Inc., not only will you be participating in ownership of Calgary's first fully automated parking facility, but you will be helping to revitalize and restore six historic properties in downtown Calgary.

AUTOMATED PARKADES:

• increase personal safety and reduce theft and vandalism • allow for every parking stall to be wheelchair accessible
• help reduce vehicle emissions
• provide an enhanced level of customer convenience • reduce the space needed for parking by up to 50%

For more information, please visit heritageproperty.ca

Prime time time machine.

Record 3 shows at once with 1 PVR and make prime time anytime.

Get a FREE HD PVR rental when you sign up*

PLUS $20 off any Optik™ TV package for 3 months†

Get it all on the new TELUS Fibre Optic Network.‡

TELUS

the future is friendly®

Call 310-MYTV (6988) or visit telus.com/optiktv or your nearest TELUS authorized dealer.

*Offer available on a 3 year Optik TV service agreement until November 9, 2010, to residential clients who have not subscribed within the past 90 days to Optik TV service. TELUS Home Phone or High Speed Internet service required. †New TV clients receive $20 off the regular price in months 1, 2 and 3. ‡Fibre optics may service all or part of your network connection, depending on location. Network logos and names are trademarks of their respective owners. TELUS, the TELUS logo, Optik and the future is friendly are trademarks of TELUS Corporation, used under licence. © 2010 TELUS.

TELUS AUTHORIZED DEALERS

Northwest

Beacon Hill Centre

Dalhousie Station

Market Mall

North Hill Centre

Northland Village Mall

822 Crowfoot Cres. NW

207 14th St. NW

Northeast

Country Hills Town Centre

Deerfoot Mall

Marlborough Mall

Pacific Place

Sunridge Mall

2520 23rd St. NE

2000 McKnight Blvd. NE

2555 32nd Ave. NE

Southwest

Bankers Hall

Bow Valley Square

Chinook Centre

Southcentre Mall

TD Square

Westbrook Mall

WestHills Towne Centre

6039 Centre St. S

835 17th Ave. SW

16061 MacLeod Trail S

6100 MacLeod Trail S

4623 Bow Trail SW

321 6th Ave. SW

2008 33rd Ave. SW

Southeast

Dragon City Mall

Quarry Park

TELUS Convention Centre

33 Heritage Meadows Way SE

3012 17th Ave. SE

Okotoks

31 Southridge Dr.

118 Elizabeth St.

News in brief

Teen sets sail for global trip

VOYAGE. Fourteen-year-old Laura Dekker hopped onto her boat yesterday and sailed off from the Netherlands hoping to become the youngest person to make a solo voyage around the world.

The Guinness' World Records and the World Sailing Speed Record Council have decided they will no longer recognize records for "youngest" sailors to avoid encouraging overly optimistic youths backed by ambitious parents from seeking a world record. THE ASSOCIATED PRESS

Paper buys flying donkey

ODDITY. The parasailing donkey will never fly again and can look ahead to a life of luxury.

The female donkey Anapka arrived in Moscow yesterday after her brays of terror over a southern Russian beach last month prompted a British newspaper to step in and buy her. THE ASSOCIATED PRESS

Smog engulfs Moscow

SUMMER HAZE. Moscow was engulfed yesterday by the thickest blanket of smog yet this summer, an acrid, choking haze from wildfires that have wiped out Russian forests, villages and a military base.

Passengers on Moscow's subway said the eye-stinging haze hovered above the platforms, and city hall warned of health risks from the smoke. THE ASSOCIATED PRESS

▶ People affected by heavy flooding collect their belongings from rubble of their destroyed houses in Nowshera in northwestern Pakista soon season has prompted the worst flooding in Pakistan in living memory and already killed more than 1,500 people, officials said.

GET YOUR **BACHELOR'S DEGREE** SOONER
AT UNIVERSITY CANADA WEST

Build A Solid Future.

Earn your Bachelor's Degree in less than two years at **University Canada West**. Our flexible options let you study on-campus, online or both. With our accelerated academic year, we'll help you reach the top sooner than you could have ever imagined.

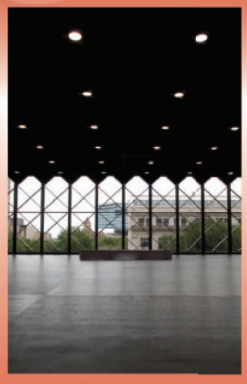
learn more:
1.800.380.7361 / classes.ucan.ca

on-campus *and* online
EDUCATION

UNIVERSITY CANADA WEST

BIGBIG

World famous catering and expert suppliers



20,000 square foot ballroom space

Acknowledging the past years accomplishments

When it comes to planning your BIG PARTY, we've got it covered.

Starting at $59.99 /Person

calgary-convention.com

T 403.261.8500
F 403.261.8510
sales@calgary-convention.com

CALGARY•TELUS CONVENTION C•E•N•T•R•E

B.K.BANGASH/THE ASSOCIATED PRESS

n yesterday. This year's mon-

Floods destroy Punjabi homes

At least 47 people have been killed in region since flooding began in late July Nearly 1,000 villages have been affected: UN

Floodwaters ravaged hundreds of villages in Pakistan's main province of Punjab yesterday, destroying homes, soaking crops, and threatening more lives.

Aid workers warned that bloated rivers would soon surge into the country's south, prompting more evacuations.

This year's monsoon season has caused the worst flooding in Pakistan in living memory and already killed more than 1,500 people. The UN scrambled to provide food and other assistance to some 3.2 million affected people in a nation already struggling with an Islamist militancy and a poor economy.

B.K.BANGASH/THE ASSOCIATED PRESS

▶ A Pakistani boy carries a sewing machine found from the rubble of his house.

After causing huge destruction in Pakistan's volatile northwest, floodwaters deluged villages and some urban centres in Punjab, the richest and most populous province. The army used boats and helicopters to move stranded villagers in the area to higher ground.

Water levels were so high in large tracts of Kot Addu and the nearby area of Layyah in the south of the province, that only treetops and uppermost floors of some buildings were visible.

"People must co-operate with us, and they must leave those areas where floods are going to hit."
MILITARY SPOKESMAN
MAJ. GEN. NADIR ZEB

Military spokesman Maj. Gen. Nadir Zeb told reporters at least 30,000 people have been rescued from flood-hit zones in Kot Addu and nearby areas over the previous 72 hours. He warned that more flooding was expected as more rains were forecast in the next few days.

Monsoon season in Pakistan usually lasts about three months, through mid-September. In a typical year, the country gets an average 137 mm worth of rainfall during the monsoon season. This year, it already has received 160 mm, said Muhammad Hanif, head of the National Weather Forecasting Center in Islamabad.

The rains are falling about 25 to 30 per cent above normal rates, Hanif said. The northwest, which has been hit the hardest, experienced "once-in-a-century" rains.

THE ASSOCIATED PRESS

Feds to toughen code for mobster crimes

The federal government says it's toughening the Criminal Code by increasing the number of acts designated as serious offences, making it easier to prosecute and extend jail terms for things like illegal gambling.

Justice Minister Rob Nicholson announced the changes yesterday.

The move is billed as a strike against organized crime that will target activities linked to criminal gangs.

THE CANADIAN PRESS

Charges

The move will apply to 11 charges including:

- **Gambling charges** Keeping a common gaming or betting house, betting, pool-selling and book-making, and committing offences in relation to lotteries.

Summer Sizzler Event
OVER 400 USED VEHICLES ONLINE AT SHAWGMC.COM

07 Dodge Nitro
$149 bi-weekly²
stk# P9237
86,000 km
$14,998

04 GMC Sierra 1500
$179 bi-weekly¹
stk# 102179B
Crew Cab, 4x4, 5.3L, 151,500km
$15,998

07 Pontiac G6 GT
$159 bi-weekly²
stk# P9154
46,600 km, Hard Top Convertible!
$16,998

07 GMC Sierra 1500
$174 bi-weekly²
stk# P9219
Ext. Cab, 4x4, 68,000 km
$17,998

REBUILD YOUR CREDIT
Call Paul Parr
403-536-1979
Apply Online at
calgaryautofinancing.com

09 Ford E250
$154 bi-weekly³
stk# P9146
31,021 km
$18,999

08 Hummer H3
$274 bi-weekly²
stk# P9213
39,924 km
$29,998

09 Cadillac SRX
$274 bi-weekly³
stk# P9322
43,275 km
$34,888

07 Acura MDX
$324 bi-weekly²
stk# U0159
Navigation! 66,027 km
$34,998

$500 off STUDENT BONUS*

All payments are bi-weekly, $0 downpayment, 7.49% O.A.C. and include $500 student bonus. ¹60 month term. ²72 month term. ³84 month term. Prices do not include $6.25 AMVIC fee plus GST. *Must be presented at time of offer. Limit one per vehicle. Shaw GMC reserves the right to cancel this promotion at anytime. Coupons not stackable with any other promotions. See Shaw GMC for full details. Actual vehicle may differ from picture. Errors and omissions exempt

SHAW GMC
CHEVROLET BUICK
403-536-3744
shawgmc.com
Proud Sponsor
We're on the Blackfoot
4620 Blackfoot Tr. SE
AMVIC# 10234902
42 Ave S.E.
Macleod Trail S.
Blackfoot Trail S.
Deerfoot Trail
Glenmore Trail
SHAW

GM Canada
Optimum CERTIFIED USED VEHICLES
• Manufacturer's warranty
• 150 + Point inspections
• 30 day/2500 km no-hassle exchange privilege
• 24-hour roadside assistance

See the
LANCASTER
PUBLIC VIEWING – AUGUST 4 – 8, 2010
SAIT POLYTECHNIC – ART SMITH AERO CENTRE
1916 MCCALL LANDING NE, CALGARY

THE AERO SPACE MUSEUM OF CALGARY WOULD LIKE TO INVITE YOU TO COME AND SEE ONE OF ONLY TWO AIR-WORTHY LANCASTERS IN THE WORLD.

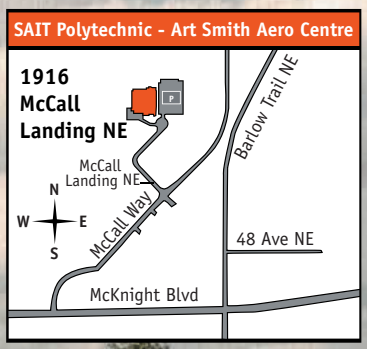
Admission:
$10 Adults
$5 Kids (12 & under)

Tour the Lancaster *(August 4, 5, 7, 8)*:
$5/person *(not included in admission)*

Times:
August 4 & 5 12:00 PM – 8:00 PM
August 6, 7, 8 10:00 AM – 8:00 PM

DON'T MISS THE EXCITING FLY-BYS ON AUGUST 6 AT 11:00 AM, 1:00 PM AND 3:00 PM.

For more information call the Aero Space Museum at 403.250.3752 ext.101 or visit www.asmac.ab.ca



Hosted By The AeroSpace Museum of Calgary

SAIT POLYTECHNIC

Khadr extradition halted by court

Judge would have granted extradition if not for violation of charter rights Defence hoping Ottawa waives appeal

Abdullah Khadr tasted freedom for the first time in more than four years yesterday when a judge released him from jail in light of American involvement in his "shocking" mistreatment during 14 months detention in Pakistan

In granting a rare stay of extradition proceedings against Khadr, Ontario Superior Court Justice Christopher Speyer found the U.S. had violated basic principles of justice.

Brother in Gitmo

Charges Yesterday's decision comes just days before Khadr's younger brother, Omar, 23, is slated to stand trial in Guantanamo Bay on war-crimes charges.

"Although Khadr may have possessed information of intelligence value, he is still entitled to the safeguards and benefit of the law, and not to arbitrary and illegal detention in a secret detention centre where he was subjected to physical abuse," Speyer wrote.

"The sum of the human-rights violations suffered by Khadr is both shocking and unjustifiable."

Khadr was arrested in December 2005 in Toronto pending an extradition request by American authorities.

THE CANADIAN PRESS

Charges against Pickton stayed

Twenty first-degree murder charges against Robert Pickton were formally stayed yesterday, ensuring the serial killer won't stand trial for the deaths of most of the women whose remains were found on his sprawling farm.

The controversial decision to leave a question mark over the women's deaths ends the lengthy criminal case against Pickton and could set the stage for victims' families and the public to learn more about why so many sex workers vanished from Vancouver's Downtown Eastside. THE CANADIAN PRESS

REEVES COLLEGE

From here.
To career.

The Shortest Path To A Health Care Career

- Train today for:
  - *Medical Office Assistant*

Also available:
- *Paralegal*
- *Business Administration*
- *Oil & Gas Administration*
- *Computer Graphic Design*

and more...

- Most programs are 1 Year or less
- Multiple start dates mean you can start working toward your career *as soon as you're ready*

Step into the career you've been dreaming of. Call today.

learn.reevescollege.ca ☆ 1.800.710.1448

RICHARD DREW/THE ASSOCIATED PRESS

▶ RIM president Mike Lazaridis introduces the company's new BlackBerry Torch Tuesday, the same day the United Arab Emirates announced a ban on BlackBerrys.

RIM in a tricky spot

Company won't compromise on customer privacy ◐ Facing ban on BlackBerrys in several countries ◐ Governments can't monitor data

Research In Motion faces challenges for growth in emerging markets like the Middle East with looming bans on BlackBerry email and messenger services by restrictive governments.

RIM said it has no intention of compromising security on the device, which has helped drive the company's reputation worldwide.

Saudi Arabia plans to shut down BlackBerry services tomorrow. The United Arab Emirates has announced it will shut down BlackBerry data and messaging functions in October. Indonesia is threatening the same. China and India have similar issues with Research In Motion.

Analyst Matthew Thornton of Avian Securities said RIM would rather lose the business than compromise the security of its devices.

"I think this is limited to some of the newer relationships in countries where government tactics and government practices may be a little different," Thornton said.

Shares in Research in Motion dropped more than 3.5 per cent yesterday.

THE CANADIAN PRESS

The rich pledge to get poorer

Forty wealthy families and individuals have joined Microsoft Corp. co-founder Bill Gates and billionaire investor Warren Buffett in a pledge to give at least half their wealth to charity.

Six weeks after launching a campaign to get other billionaires to donate most of their fortunes, the chairman and CEO of Berkshire Hathaway Inc. released the first list yesterday of people who have signed what he and Gates call the "giving pledge."

Buffett decided in 2006 to give 99 per cent of his fortune to charity.

Then, he was worth about $44 billion US.

After five years of investment returns while making annual gifts to five foundations, Buffett's fortune totals nearly $46 billion. THE ASSOCIATED PRESS

Ford car sales up as truck sales drop

47 Percentage increase in Ford car sales over July last year.
9 Percentage drop in Ford truck sales.

Ford Canada's sales edged higher in July, as strong car sales were hurt by a decline in the number of trucks purchased compared to the same month last year.

Ford said yesterday its overall sales inched up by two per cent to 27,203 last month, bumping the automaker to its best July since 1979. Overall sales were boosted by a 46 per cent increase in the number of cars sold, but this was offset by a nine per cent decline in truck sales.

Meanwhile, Honda Canada said its sales fell 11 per cent in July compared to the same month last year. The Japanese automaker said it sold 11,615 units from its Honda and Acura divisions combined during the month.

Sales of Honda-branded vehicles were down 10 per cent at 10,184, while sales of the luxury Acura brand fell 13 per cent to 1,431 units. THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

DOLLAR	Natural gas 1,000 cu ft	OIL	TSX
+ 0.60¢ US	+ 9.8¢ US	— $0.08 US	+ 62.45
98.27¢	$4.737	$82.47	11,845.05
	Gold		
	+ $8.50 US		
	$1,193.70		

China. Workers unite

▶ Strikes like this one in June at an auto parts company have been rippling across China.

ASSOCIATED PRESS/FILE

Unions make demands

A wave of strikes in China's southern manufacturing heartland have forced the country's officially sanctioned unions to try something novel: speak up for workers or risk being permanently sidelined.

With our low prices, you don't have to get home phone, cable TV and Internet to save on your cell.

From $15 per month

TALK & TEXT
› Unlimited incoming text
› Per-second billing
› No system access fees
› *Fido Rewards*™
› No activation fee. Save $35!

fido
fido.ca/plans

Offers subject to change without notice. Premium texts excluded. © 2010.

Rogers buys into online publishing

Rogers Communications Inc. is becoming an equal partner in a joint venture that's commercializing TOPS, the online publishing system used to run a number of websites owned by Torstar Corp.

Financial terms of the agreement weren't disclosed.

The system has been used for more than four years by Thestar.com, the Internet edition of Torstar's flagship newspaper.

It's also used for Metro News of Canada, Toronto.com and news sites for Torstar's Metroland Media papers.

THE CANADIAN PRESS

PLANTING FEET FIRMLY IN THE BIG CITY

He says ...

JOHN MAZEROLLE

I've lived in Toronto long enough that I'm starting to forget what it's like to be from the Maritimes. The ways of the East Coast are giving way to the rhythm of the Golden Horseshoe.

Believe me: New Brunswick to Toronto is a gear shift that will junk your emotional engine if you're not careful.

New Brunswickers are a conservative sort, but friendly and trusting. We put chastity belts on our daughters, but we leave the key in the lock.

Meanwhile, Torontonians are socially liberal, but not liberally social. We always have an aura of busyness, even when all we're doing is playing games on our iPhones.

I use "we" to describe both New Brunswickers and Torontonians because, right now, I feel like I have a foot in each province.

That can make me feel off balance because it's a bit like having one foot in a canoe and the other on a Great Lakes vessel.

"I feel like I have a foot in each province. That can make me feel off balance because it's a bit like having one foot in a canoe and the other on a Great Lakes vessel."

For example: In certain Toronto neighbourhoods crime is a given.

Compare that with my hometown Saint John, N.B., where as far as I know there has been one murder charge in the last two years, the accused was acquitted and — this is true — the weapon was a sword.

In New Brunswick, even front page violence is quaint. It makes you wonder what the police will do when Saint John's criminals discover the musket.

Sergeant: His firestick is no match for our chain mail, men! Put away your slingshots and run!

Another big difference between the two regions is that, in Saint John, there is no racial tension. Because there are no races. You can't start a fire in a vacuum.

Do you know what we call black people in New Brunswick? We call him "Daryl." Because that's his name.

So, two years in Toronto has been an experience. And, now, for the first time the big city is becoming the "new normal."

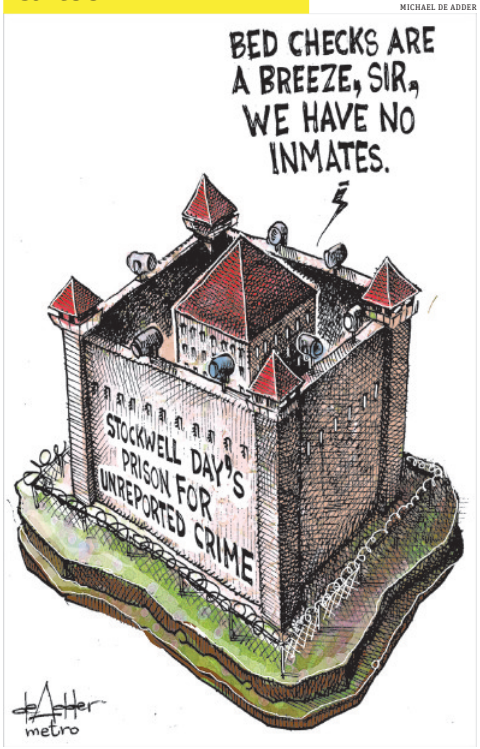
When I moved here, Toronto houses were too close together, but now it's the homes in New Brunswick that seem amusingly far apart.

Eight lanes of traffic in the middle of a city seems normal now, when before I had gawked at it like it was Blade Runner.

Soon, both feet will be in Toronto. But I know that, no matter what happens, there will always be a little bit of New Brunswick inside me. I'm pretty sure it's asbestos.

Cartoon

MICHAEL DE ADDER



Zapping caffeine drinks

Letters & Tweets

HALIFAX. The popularity and increased use of caffeinated beverages among our youth is a growing concern for physicians. It can be easy to over-consume caffeine since many beverages contain above the recommended maximum daily consumption. Some energy drinks contain 360 milligrams of caffeine, more than twice the recommended daily intake.

While many people believe caffeinated beverages will provide increased energy and alertness, there are many risks linked to using them. Health Canada reports that too much caffeine can result in electrolyte disturbances, which may cause nausea and vomiting and/or heart irregularities. A small amount of caffeine could also cause sleeping problems, headaches, irritability and nervousness.

Making these drinks less available to youth may help reduce the risk of excessive caffeine consumption.

JANE BROOKS, PRESIDENT, DOCTORS NOVA SCOTIA

Energy overload?

We asked: Lady Gaga: Hot or not?

VANCOUVER. @dark_phoenix00x: lady gaga is hot! Awesome music, awesome voice, awesome dancer, awesome fashion!

What's your summer beverage of choice? Why?

Email
calgaryletters @metronews.ca
Twitter
@metrocalgary

Metro has the right to edit letters and submissions.

metro

METRO CALGARY • Unit 120, 3030 - 3 Avenue NE, Calgary, AB T2A 6T7 • T: 403-444-0136 • Fax: 403-539-4940
Advertising: 403-444-0136• adinfocalgary@metronews.ca • calgary_distribution@metronews.ca
Publisher Steve Shrout, **Managing Editor** Darren Krause, **Advertising Sales Manager** Chris Mackie, **Distribution Manager** Dave Mak

METRO CANADA: Group Publisher Bill McDonald, **Editor-in-Chief** Charlotte Empey, **Associate Managing Editor** Tarin Elbert, **Scene/Life Editor** Dean Lisk, **Asst Managing Editor** Amber Shortt, **Art Director** Laila Hakim, **Nat'l Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

Metro Minute with Jason Seelmann

If you're free at 5 p.m., head to the Alexandra Centre Society to see Pick Your Food Up Off The Floor And Eat It! In Jason Seelmann's one-man, 50-minute Fringe Festival show, Prisoner 3784-314 finally reveals his crime to a psychiatric panel; the show is based loosely on a true story.

"We can't pretend these (kinds of) things don't happen," said Seelmann. "The pain and inner conflict this person went through is real."

To his surprise, Seelmann felt compassion for his character while writing the script; he hopes you will, too. Tickets are $11 and can be purchased at calgaryfringe.ca, at the Information Booth, or at the door. METRO CALGARY

CONTRIBUTED

▶ Jason Seelmann

CANADA'S hottest model event

2010 Dodge Grand Caravan SXT shown.§

THE BEST-SELLING VEHICLES IN CANADA HAVE NEVER BEEN HOTTER.≠

CASH DISCOUNTS OF UP TO $6,500

2010 DODGE GRAND CARAVAN

CANADA'S BEST SELLING MINIVAN FOR MORE THAN 25 YEARS
CANADA VALUE PACKAGE

HWY: 8.4L/100 KM (34 MPG)*
CITY: 12.6L/100 KM (22 MPG)*

5 STAR SAFETY
NHTSA 5 Star Frontal and Side Impact‡

CONSUMERS DIGEST BEST BUY

PURCHASE FOR
$21,488•
INCLUDES $6,500 CONSUMER CASH* AND FREIGHT.

PLUS GET
0%†
PURCHASE FINANCING for 36 months

OR CHOOSE

$130 BI-WEEKLY @ A VARIABLE PRIME RATE OF
2.75%±
FOR 84 MONTHS

2010 Dodge Journey SXT shown.§

2010 DODGE JOURNEY SE

CANADA'S #1 SELLING CROSSOVER^

HWY: 7.9L/100 KM (36 MPG)*
CITY: 11.0L/100 KM (26 MPG)*

5 STAR SAFETY
NHTSA 5 Star Frontal and Side Impact‡

INSURANCE INSTITUTE FOR HIGHWAY SAFETY
TOP SAFETY PICK 2010

PURCHASE FOR
$19,988•
INCLUDES $1,250 CONSUMER CASH* AND FREIGHT.

PLUS GET
0%†
PURCHASE FINANCING for 36 months

OR CHOOSE

$121 BI-WEEKLY @ A VARIABLE PRIME RATE OF
2.75%±
FOR 84 MONTHS

CHRYSLER Jeep DODGE RAM

VISIT YOUR ALBERTA CHRYSLER, JEEP®, DODGE, RAM DEALER.

Dodge.ca/Offers

DODGE Caravan Kids
PROUD SPONSOR OF MINOR HOCKEY ACROSS CANADA

SIRIUS SATELLITE RADIO

Wise customers read the fine print: ≠ •, *, †, ±, § Canada's Hottest Model Event offers apply to retail deliveries of selected new and unused models purchased between July 21, 2010 and August 3, 2010 from participating dealers. Dealer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating dealer for complete details and conditions. •$21,488 Purchase Price applies to 2010 Dodge Grand Caravan Canada Value Package (24F+CLE) only and includes $6,500 Consumer Cash Discount. $19,988 Purchase Price applies to 2010 Dodge Journey SE (22F+CLE) only and includes $1,250 Consumer Cash Discount. See participating dealer for complete details. Pricing includes freight ($1,400) and excludes licence, insurance, registration, any dealer administration fees and other applicable taxes. Dealer order/trade may be necessary. Dealers may sell for less. *Consumer Cash Discounts are offered on most new 2009/2010 vehicles and are manufacturer-to-dealer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your dealer for complete details. †0% purchase financing for 36 months available to qualified customers on approved credit through Royal Bank of Canada, Scotiabank, TD Financing Services and GMAC on most 2010 Chrysler, Jeep, Dodge and Ram models, except Challenger, Caliber Canada Value Package and SE Plus. Grand Caravan Cargo Van, Sprinter and Ram Chassis Cab. Examples: 2010 Dodge Grand Caravan Canada Value Package (24F+CLE) with a Purchase Price of $21,488/$19,988 financed at 0% for 36 months equals monthly payments of $596.88/$555.22; cost of borrowing of $0 and a total obligation of $21,488/$19,988. Pricing includes freight ($1,400) and excludes licence, insurance, registration, any dealer administration fees and other applicable fees and taxes. Dealer order/trade may be necessary. Dealers may sell for less. ±Variable Prime Rate financing up to 84 months is offered on approved credit on most new 2010 vehicles to qualified retail customers through TD Financing Services and Royal Bank of Canada. Bi-weekly payments shown are based on 84 month terms. Variable rate shown is based on TD and RBC Prime Rate and fluctuates accordingly. Payments and financing term may increase or decrease with rate fluctuations. RBC offer is not open to residents of Quebec. TD offer is not open to residents of Labrador, Yukon, Nunavut and Northwest Territories. Some conditions apply. See participating dealer for complete details. §2010 Dodge Grand Caravan SXT shown. Price including applicable Consumer Cash Discount: $27,095. 2010 Journey SXT shown. Price including applicable Consumer Cash Discount: $25,945. Pricing includes freight ($1,400) and excludes licence, insurance, registration, any dealer administration fees and other applicable fees and applicable taxes. Dealer order/trade may be necessary. Dealers may sell for less. ≠Based on U.S. National Highway Traffic Safety Administration (NHTSA) scoring system for 2010 model year Dodge Grand Caravan and Journey. ^Based on January through December 2009 R.L. Polk sales total registrations. ≠2010 Dodge Grand Caravan and 2010 Dodge Journey are the best-selling minivan and cross-over in Canada. ®SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. ®Jeep is a registered trademark of Chrysler Group LLC. The Best Buy Seal is a registered trademark of Consumers Digest Communications LLC, used under licence.

2 scene

Director steps up to 3-D challenge

Filmmaker Chu gets his groove on with technology trends in dance film Found top talent by holding auditions through YouTube

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

While filming exciting dance sequences is nothing new to Jon M. Chu, who got his directorial debut with Step Up 2 the Streets, the California native faced some new challenges with the next instalment in the series, Step Up 3D.

"I'd been to all the lectures, read all the books, read all the articles, but you really don't know 3-D until you literally have it in your hands and you're playing," he says.

"If you mess up focus [on a regular film], you can fix that later. You can say, 'Oh, it's my artistic choice to make it out of focus.' But in 3-D, your audience is going to throw up."

Luckily there haven't been any reports of audience members losing their lunch just yet.

Chu insists that, the learning curve aside, he was excited about working with the new technology. "This is a fantasy movie," he says. "We got to push it. The 3-D really helps develop that tone of fantasy."

Beyond the two leads, Chu needed to find a veritable army of dance talent, and he and his team went to great lengths to do just that. "It's crazy. The dance world is huge," he says. "We did live auditions in New York and L.A., where thousands and thousands of people came out."

The director, whose YouTube dance battle from a couple of years ago became an online sensation, turned to the Internet for casting help as well.

"I also released it on my YouTube channel," he says. "It wasn't a contest, it wasn't anything like that. I just literally said, 'Hey, if you can dance, show me.' And we got thousands and thousands of submissions through that. We hired a couple of people from there."

"Ultimately we were looking for the top of the top. This is the NBA All-Stars of dance."
DIRECTOR JON M. CHU

PHOTO COURTESY DISNEY

▶ Step Up 3D — in theatres Friday — is set to push the limits for dance films.

News in brief

1 Judges at the Special Court for Sierra Leone have rejected a protest from Charles Taylor, clearing the way for model Naomi Campbell to testify at his war crimes trial today. THE ASSOCIATED PRESS

2 Barbra Streisand will be honoured as the 2011 MusiCares Person of the Year. THE ASSOCIATED PRESS

Searching for a Career in Criminal Justice?

Our graduates have what it takes to work for:

Calgary Police Service
Animal & Bylaw Services
Canada Border Services
Alberta Correction
Alberta Sheriff's Department
Private Security
Plus many more

- Learn from internationally recognized experts
- Theoretical and hands-on learning (fingerprinting, interviewing, crime scene investigation, etc.)

Part-time & full-time classes are available!
Complete a 2 year Diploma in only 1 year

Investigate your future by calling: (403) 648-2265
Website: www.columbia.ab.ca
Toll-free (outside Calgary): 1-888-235-9370
FREE courses may be available to assist in meeting minimum requirements to enter the program.

Columbia College "Quality Education Employers Value"

It's coming on August 9th.

IKEA®

Any space can be beautiful.

© Inter IKEA Systems B.V. 2010.

A virtual visit to Abbey Road

Camera broadcasts live from famous Beatles crossing

For about 150,000 fans a year, it's something of a pilgrimage.

They stop traffic, bring friends to capture the moment, scurry back to the curb, check the image in their digital cameras, and then make their way to the other side of the street, all to recreate that iconic image of The Beatles crossing Abbey Road.

They've been doing it for years. The difference now is that it's all being broadcast live from London, England, on the Internet on abbeyroad.com/visit/Abbey Road Studio's home page.

"It's such an intrinsic part of studio life. It's wonderful, I think," said Kerin Purcell, head of brand and marketing at Abbey Road Studios.

Originally, the camera, which faces out from the recording studio into that now-famous zebra crossing along Abbey Road, was installed as part of security measures, said Purcell.

This summer the studio upgraded the web camera in partnership with earthcam.com, which has installed cameras in New York's Times Square.

TORSTAR NEWS SERVICE

▶ Abbey Road Studios broadcasting live online.

Iconic shot

The photo of the four Beatles walking along the zebra crossing on Abbey Road was taken spontaneously, according to rock 'n' roll folklore.

▶ **On Aug. 8, 1969,** the band decided to take the photo just outside the studio. That now-iconic shot was snapped by the late Iain MacMillan, who was given all of 10 minutes, with The Beatles.

Guaranteed Lowest Long Distance Rates From Your Home Or Cell!

No Matter Where you Call
No Matter What Rate you Pay
Comwave will beat it...
Guaranteed!

CUBA 89.9¢ | INDIA 2.9¢ | PAKISTAN 5.9¢ | PHILIPPINES 11.9¢

Afghanistan..24.9 ¢	Kuwait.....6.9 ¢	Honduras.....15.9 ¢
Bangladesh from 3.9 ¢	Lebanon .....9.9 ¢	Iraq from 4.9 ¢
Barbados..... 9.9¢	Libya.....24.9 ¢	Israel.....2.9 ¢
Chile.....2.9 ¢	Nepal from 7.9 ¢	Italy.....2.9 ¢
China..... 2.9 ¢	Oman..... 12.9 ¢	Russia from 2.9 ¢
Ecuador.....12.9¢	Fiji..... 24.9¢	Saudi Arabia from 9.9 ¢
El Salvador. .....9.9 ¢	Ghana.....9.9 ¢	South Korea.... 2.9 ¢
Jamaica..... 8.9 ¢	Greece.....2.9¢	Sri Lanka.....9.9 ¢
Jordan.....13.9 ¢	Guatemala.....10.9¢	Trinidad..... 4.9 ¢
Kenya from 9.9 ¢	Guyana.....27.9¢	U.A.E.....16.9 ¢

Comwave Guarantees you the Lowest Rates to Call Anywhere in the World, For Life. So Even if you're Paying Less than our Advertised Rates, Call Today and we'll Beat it... GUARANTEED!

The Comwave Bundles

Unlimited Canada Bundle

Limited Time Offer!
UNLIMITED Calling to Anywhere in CANADA
$5/month

Unlimited India Bundle

UNLIMITED Calling to INDIA From your Home or Cell Phone!
only $29.95/month

If you're paying less with your current provider, call us and we'll beat it... GUARANTEED!

403-451-5801

comwave www.comwave.ca

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. LONG DISTANCE: Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. Rate Guarantee is based on competitors lowest advertised rate for like services. $29.95 Unlimited calling to India is limited to 3000 minutes per month. Unused minutes do not roll over to the following month. Unlimited Canada plan does not include calls to the Yukon, Nunavut or N.W.T. Terms and conditions apply, see www.comwave.ca for details

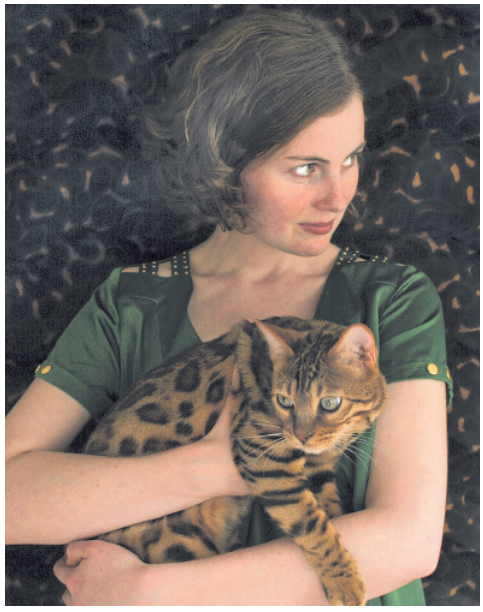
STEP 1:
Remove card from wallet

®/™ MasterCard is a registered trademark and PayPass is a trademark of MasterCard International Incorporated. ©2010 MasterCard International Incorporated.

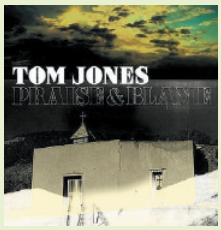
Album reviews A classic ●●●●● | Buy it ●●●● | Get the single ●●● | Borrow it ●● | Don't bother ●

To mom with love

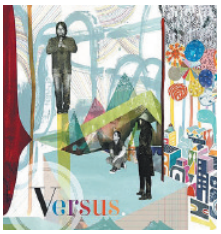
Kathryn Calder
Album: Are You My Mother?
Label: File: Under Music
●●●½



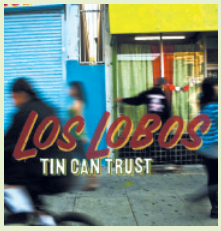
Until recently, life had been good for Kathryn Calder. The Vancouver-based singer-songwriter found some success with her power pop band Immaculate Machine, but her star really started to rise when she joined the New Pornographers, led by cousin Carl Newman, in 2005. But, two years ago her mother was diagnosed with Lou Gehrig's disease (ALS). Instead of retreating, she did what any good songwriter would do — she wrote a touching solo album dedicated to her mom, which she heard before passing away last year. The music is heartwarming, but it's not a depressing dirge. Tracks like Arrow and opener Slip Away are somber, touching songs — on the latter she sings to her mom, "tell me everything I need to know." Other tunes recall her power pop leanings — Follow me Into the Hill is an infectious mid-tempo rocker; Castor and Pollux is a bouncy pop tune with a plethora of guitar effects. It's a great solo debut, and there's no doubt she'll make it on her own, but it's just a start. If she can build on songs like Arrow, which has the best chorus Calder's ever written, she'll be able to give up her day jobs.
Outstanding track: Arrow
● BRYAN BORZYKOWSKI



Tom Jones
Album: Praise & Blame
Label: Universal
●●●
Tom Jones has covered a lot of ground, but the legendary crooner will always be remembered for songs like Sex Bomb and She's a Lady. So it's strange to hear him channel Johnny Cash. Praise & Blame is a straight up country and blues pop record. It's got a haunting, introspective opener in What Good Am I, a rollicking Elvis-like blues number with Strange Things and soothing country gospel on If I Give My Soul. It's not a bad disc, but it's hard to buy the slower numbers. **Outstanding track:** Strange Things ● BRYAN BORZYKOWSKI



Versus
Album: On The One And Threes
Label: Merge
●●●½
While they weren't one of the more name-dropped bands of the '90s, Versus have returned with their sixth album sounding as if there was no ten-year hiatus. They've comfortably settled into their guitars with a mix of crunchy dissonance and snaking melodies. The only problem with On The One And Threes is that it's missing the sort of hook-laden songs to find a new audience. **Outstanding track:** Cicada ● CAM LINDSAY



Los Lobos
Album: Tin Can Trust
Label: Shout!
●●●●
This is a hard-working band of virtuoso talents that undeservedly fell into a quiet zone during the last few years, respected by those in the know but never getting the widespread recognition they merited. Tin Can Trust doesn't depart from the band's usual mix of traditional Latino and west-coast jam rock. But it's done so well and played so tightly that Tin Can Trust should remind old fans just how good Los Lobos can be. **Outstanding track:** West L.A. Fadeaway. ● GRAHAM ROCKINGHAM

Boss bringing doc to film fest

GETTY IMAGES

▶ Bruce Springsteen

An inside look at Bruce Springsteen's creative process and a 3-D film from Werner Herzog are among the documentaries bound for the Toronto International Film Festival.

Festival organizers announced a documentary slate that also includes a new film from The Thin Blue Line director Errol Morris, who explores a woman's bizarre search for love in Tabloid.

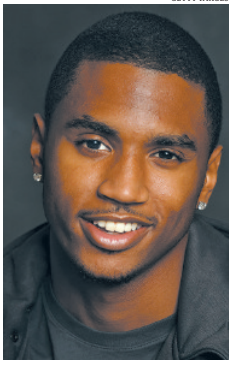
Springsteen is the focus of Thom Zimny's The Promise: The Making of Darkness on the Edge of Town, while Herzog captures in 3-D the earliest known pictorial creations of the Chauvet caves in southern France in Cave of Forgotten Dreams, and Alex Gibney investigates the sex scandal that forced New York's governor to resign in Client 9: The Rise and Fall of Eliot Spitzer.

TIFF programmer Thom Powers says the range of docs touch on subjects including the war in Afghanistan, the banking crisis, and the future of energy. Features already announced include offerings from directors Robert Redford, Woody Allen and Mike Leigh, and stars Nicole Kidman, Javier Bardem and Robert De Niro.
THE CANADIAN PRESS

Visa payWave
speed read breaking news brought to you by Visa payWave. a secure, faster way to pay. just wave and go.
ScanLife

Trey Songz wants to build off momentum

GETTY IMAGES



"No matter how much you love the songs, I need something new."
TREY SONGZ

Singer Trey Songz, whose star rose this past year with the R&B chart-topping smash I Invented Sex and other hits, says he wants to continue building on his momentum with new material.

Songz is gearing up to release his new album Passion, Pain and Pleasure on Sept. 14. But until his release, he'll introduce some of the new album's songs during his upcoming concert tour, which kicks off Friday.

"It was something missing for me. I needed something more," Songz said in a recent interview.

Four of his songs, including Say Aah and Neighbors Know My Name, reached the top 10 on Billboard's R&B/Hip-Hop singles chart. His gold-selling album Ready, which was released last year, helped him win BET's best male R&B artist this year.

But the 25-year-old Songz says he needs to produce more than one successful album to be considered in the same class as his idols — singers R. Kelly and Usher.

"This is a competition," he said. "No matter how much I look up to Usher and R. Kelly, it's something we all want to be the best at. But I can't control what they do. I have to outdo me."

Singer Keri Hilson isn't worried about Songz being just a "one-CD hit wonder," because of his strong vocal ability paired with his physical appeal to his increasing female fan base.

"He won women's hearts," Hilson said. "His music has always been great. But people are more aware of him now because of his sex appeal. That will help him move forward."
THE ASSOCIATED PRESS

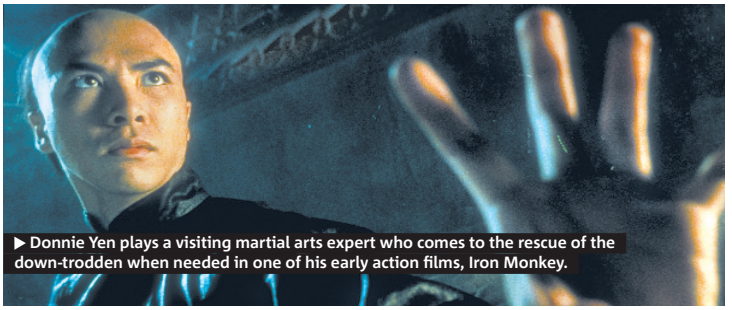
TV picks

B.C. families take diet local

DRAMA Six families try to consume only local food and beverages for over three months in the series 100 Mile Challenge. The show is based on the book 100 Mile Diet: A Year of Local Eating and is hosted by authors Alisa Smith and James MacKinnon. (Global) THE CANADIAN PRESS

Last dance coming soon

REALITY They're down to the Top 4 on So You Think You Can Dance, where injuries are rampant this season. Frontrunner Lauren, the only female left in the competition, was treated for dehydration last week. On a more positive note, Edmonton-born choreographer Stacey Tookey is nabbing huge kudos on the show.
THE CANADIAN PRESS



▶ Donnie Yen plays a visiting martial arts expert who comes to the rescue of the down-trodden when needed in one of his early action films, Iron Monkey.

More than a kung fu fighter

◐ Breakthrough role propels Donnie Yen from shadow of Jackie Chan ◐ Most prolific action star in China

For years, Donnie Yen worked in the shadow of Jackie Chan and Jet Li.

Having fought both on-screen, the actor, 47, was considered a worthy opponent but not necessarily a leading man. But that changed after Yen took on the role of Bruce Lee's kung fu master in the 2008 hit Ip Man.

This year's sequel has become the top-grossing film in China in the first half of 2010 and Yen is now the most prolific action star.

He says Chinese viewers have tired of the superhuman feats of action heroes like Lee and Chan. "People want to see someone closer to the people, someone with family values ... but at the same time (Ip) excels at kung fu," says Yen, who has no plans to slow down.

"I want to continue to make breakthroughs in kung fu and action films," he says.

"Flashy, fierce and fresh fight sequences are no longer the only requirement. They also need to move the emotions of the audience."

THE ASSOCIATED PRESS

Add
UNLIMITED
Local Calling from your
CELL PHONE
ONLY $20 /month

✓FREE- Daytime
✓FREE- Evenings
✓FREE- ALL DAY LONG!

Comwave Unlimited Mobile is an add-on to your existing Mobile plan. Do not change your existing provider, Comwave Unlimited Mobile works on ALL Cell Phone providers.

Here's How It works:

- You must have an active cell phone plan with UNLIMITED Incoming Calls.
- With Comwave you can ADD UNLIMITED OUTGOING Calls.
- Now All your Cell Phone Calls will be FREE - ALL DAY LONG!

LIMITED TIME OFFER - CALL NOW!
30 DAY FREE TRIAL
Unlimited Calling On Your Cell Phone
Satisfaction Guaranteed

403-451-5400
comwave®
comwave.ca
Terms and conditions may apply. Please see www.comwave.net/mobile for full details.

STEP 2:
Look for PayPass™ logo

paypass
5412 7512 3412 3456
5412
VALID THRU 12-12
LEE M. CARDHOLDER
MasterCard

MasterCard
mastercard.ca/check4paypass

®/™ MasterCard is a registered trademark and PayPass is a trademark of MasterCard International Incorporated. ©2010 MasterCard International Incorporated.

EVER BEEN CAUGHT BY A BATHROOM EMERGENCY?

Document your tale in the IMODIUM® Diarr-hies contest for your chance to

WIN

$5,000 CDN

to re-create a moment ruined by your worst bathroom mishap.

Diarize your story for a chance to WIN!

(your story must be min 50 to max 150 words)

Submit your story today at metronews.ca/imodium

*No purchase necessary. Enter online at http://www.metronews.ca/imodium by completing member entry form and submitting your story. Contest entry for story submissions runs from August 4th, 2010 to August 15, 2010 voting entry runs from August 11, 2010 to the Contest closes on September 14, 2010. Limit one (1) entry per person during the contest period. There is One (1) Grand Prize available of $5000.00 CDN cash and Three (3) Secondary Prizes each consisting of $300.00 CDN cash available to be won. There are three (3) Tertiary Prizes each consisting of $300.00 CDN cash, to be won by random draw among all eligible votes entries. Must be a resident of Nova Scotia, Ontario, Alberta or British Columbia, who is age of majority or older at time of entry to be eligible to enter and win. Skill testing question must be correctly answered to claim prize. Odds of being selected depend on number of eligible entries received. Employees of sponsor and its agents and affiliates and household members of the above are not eligible. For full set of rules visit http://www.metronews.ca/imodium.

Imodium®

DRAMA. SUSPENSE. COMEDY.

Visit metronews.ca to watch metrotube of the day

CHRIS PIZZELLO/THE ASSOCIATED PRESS

▶ Glee cast members, from left, Jessalyn Gilsig, Jane Lynch and Jayma Mays accept the award for "Do Something TV Show" at the 2010 VH1 Do Something Awards in Los Angeles, Monday, July 19, 2010.

More glee for Canuck actors

As hit show heads into second season, Canadian stars return in roles that will heat up the screen Storyline is sure to surprise viewers

Executive producer Ryan Murphy has good news for the Canadians in the cast of Glee.

Storylines for Cory Monteith (Finn) and Jessalyn Gilsig (Terri) are heating up as the TV musical sensation — named outstanding show of the year by television critics — heads into a second season.

Gilsig's character, who last season split with hubby and glee club coach Will Schuester (Matthew Morrison), seemed to be out of the mix.

Look for the character to re-emerge this fall as Terri decides to get back at Will by hooking up with somebody "who will make him incredibly jealous."

This was news to Gilsig who was among several Glee cast members at Fox's press tour party Monday at the Santa Monica pier.

Murphy says the emphasis this coming season will shift back to the core characters as the series moves forward, with plans to cut back on musical numbers and focus more on story.

Murphy also revealed that the big breakout comedy star of the first season, Jane Lynch, as nasty cheerleader coach Sue Sylvester, will be even meaner this coming season.

THE CANADIAN PRESS

Career Finder

To advertise contact Metro Calgary at t: 403-444-0136 or e: adinfocalgary@metronews.ca

FLIGHT ATTENDANTS

Sunwing Airlines is recruiting Flight Attendants for various bases across Canada.

Please ensure you meet the following criteria to apply:
- Minimum 19 years of age
- High school graduate or grade 12 equivalency
- Preference will be given to those fully bilingual in French and English
- Able to meet our medical standards

We invite you to attend one of our recruitment sessions being held at:

RAMADA CALGARY - DOWNTOWN
Address: 708-8th Ave SW Calgary AB T2P 1H2
Friday, Aug 13: 11am - 7pm / Saturday, Aug 14: 10am - 6pm / Sunday, Aug 15: 10am - 6pm

Please bring your resume and 3 business references along with your current passport and 2 photocopies. Only those attending the recruitment session will be considered.

sunwing AIRLINES

NEW CAREER

CALGARY'S #1 HONDA dealership is looking for individuals with a career objective for immediate positions in Vehicle Sales.

$46,000 - $65,000 +

No experience required

The company offers:
- Professional training program
- Excellent pay, commission and bonus plan
- Group Insurance • Demo Package
- Variable work schedule
- Motivating and Prestigious Work Environment

We have contracted a professional sales trainer/ career specialist who will screen and interview one day only: **Tuesday August 10th.**
Apply in person only 9:30am to 5:00pm
No phone calls please. This is an equal opportunity offer. REIMBURSABLE training fees may be required.
College and University Grads Welcome.

HONDA T & T Honda
888 Meridian road N.E. - Calgary

© Inter IKEA Systems B.V. 2010.

Celebrity tweets

Justin Bieber [@justin-bieber] pretty excited about it and think everyone will enjoy the story and the pics...but we can all agree im a little too young to write a memoir

John Mayer [@john-mayer] The 8/31 end of combat will be the 9/1 beginning of making sure our troops come home to a US that cares for them. Believe that.

Kanye West [@kanye-west] Twit pic acting up ... I wanna bless yall with this hotel view but it wasn't meant to be I guess

METRO WORLD NEWS

Simpson's dad spoils her Idol aspirations

New reports surface that Jessica lost her judge spot on American Idol thanks to her meddling father

It looks like Jessica Simpson lost out on taking one of the empty seats on the American Idol judge's panel, and she reportedly has her dad and manager, Joe Simpson, to thank.

When producers approached Joe about having his famous daughter join the team, he reportedly made so many ridiculous demands on her behalf that they decided to move on to Jennifer Lopez, according to Crushable.

A rep for the Simpsons had no comment.

But last week, reports surfaced on several celebrity websites that indicated Simpson had numerous meetings with Idol brass about possibly joining the show for the upcoming 10th season, which kicks off in January 2011.

METRO WORLD NEWS

GETTY IMAGES

▶ Dealing with her daddy issues again.

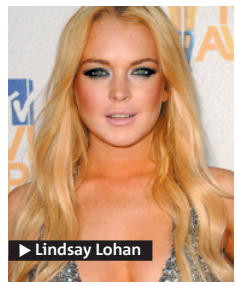
Lohan in photo shoot before jail

Before riding out her 14 days in prison, Lindsay Lohan sat down for an interview and provocative photo shoot with Maxim magazine.

"I am feeling strong. I've experienced a lot in my life, and my mom has given me a lot of faith," Lohan tells the magazine.

She's looking ahead to life after her current 90-day rehab stay, and plans to spend the next year focusing "on myself and my work and to move all press on me to focus on the work I do. Also, I'd like to do more work in India and travel to Malawi."

METRO WORLD NEWS



▶ Lindsay Lohan

Sheen gets to skip jail time

Charlie Sheen might have been sentenced to 30 days in jail, but he won't actually be spending that time behind bars — or anywhere, according to TMZ. According to his plea deal, his sentence will be served at a rehab facility in Malibu. METRO WORLD NEWS

Becks wants his bangers

David Beckham has found a way to spend the free time he has since an injury sidelined him. The soccer star is reportedly planning on opening an English styled-restaurant with pal Gordon Ramsey, according to the Daily Star. METRO WORLD NEWS

Do more for less on the Palm® Pre™.

ONLY FROM BELL

Get $15 off a Smartphone Combo plan.

$35/MO. | Save $540 over 36 months

- 100 minutes + 100 bonus
- Unlimited nights & weekends (6pm-7am)
- Call Waiting, Conference Calling[2]
- 500MB of data

Choice of one feature
- Unlimited text messages[3]
- Unlimited nationwide talk & text to 5 people[4]

BONUS: Get 6 months of unlimited local talking[5] when you buy a smartphone from Bell.

Palm® Pre™ smartphone

3-yr. term	No term
$0	$299.95

SAVE $299.95

with a $50 voice and data plan.

Bell savings just got better

Available at the following Bell stores:

Calgary, 1221 Canyon Meadows Dr. SE, 403 262-3340
Calgary, 4307 130 Avenue SE (by COOP), 403 726-9977
Calgary, 4801 Westminds Dr. 403 568-1108
Edmonton, 10603 107 Avenue, 780 497-8887
Edmonton, 17551 100 Ave., 780 498-0069
Edmonton, Abbotsfield Shoppers Mall, 780 477-7795
Edmonton, Capilano Mall, 780 469-3880
Edmonton, Northgate Centre, 780 478-9815

Offer ends September 11, 2010 with new activation. Available with compatible devices within network coverage areas available from Bell Mobility. Long distance and roaming charges (including foreign travel) may apply outside your local area. Other monthly fees, e.g., 911 (Quebec: $0.46, New Brunswick: $0.52, Nova Scotia: $0.43, P.E.I.: $0.38), and one-time device activation ($20) apply. Paper bill service charge ($2/mo.) applies unless you register for e-bill and cancel your paper bill. Upon early termination, price adjustments apply; see your Service Agreement for details. Subject to change without notice; not combinable with other offers. Taxes extra. Other conditions apply. [1] With new activation on a post-paid voice and data plan or a post-paid voice plan and a data feature with a min. value of $5/mo. [2] Simultaneous use of airtime. [3] Sent messages include domestic text messages and exclude international, roaming, alerts, premium text messages and messages sent with an instant messaging application. Roaming messages include international GSM, CDMA and U.S. CDMA messages. Received messages include domestic, international, roaming and service related messages from Bell and exclude premium, alerts or dial-up messages. Out of bundle charges may apply. Data usage charges apply to picture & video messages. [4] Applies to local and Canadian long distance calls and text messages made to and from five numbers chosen by the customer. [5] With a 2-yr. term on a post-paid voice. Palm and Pre are among the trademarks or registered trademarks owned by or licensed to Palm, Inc.

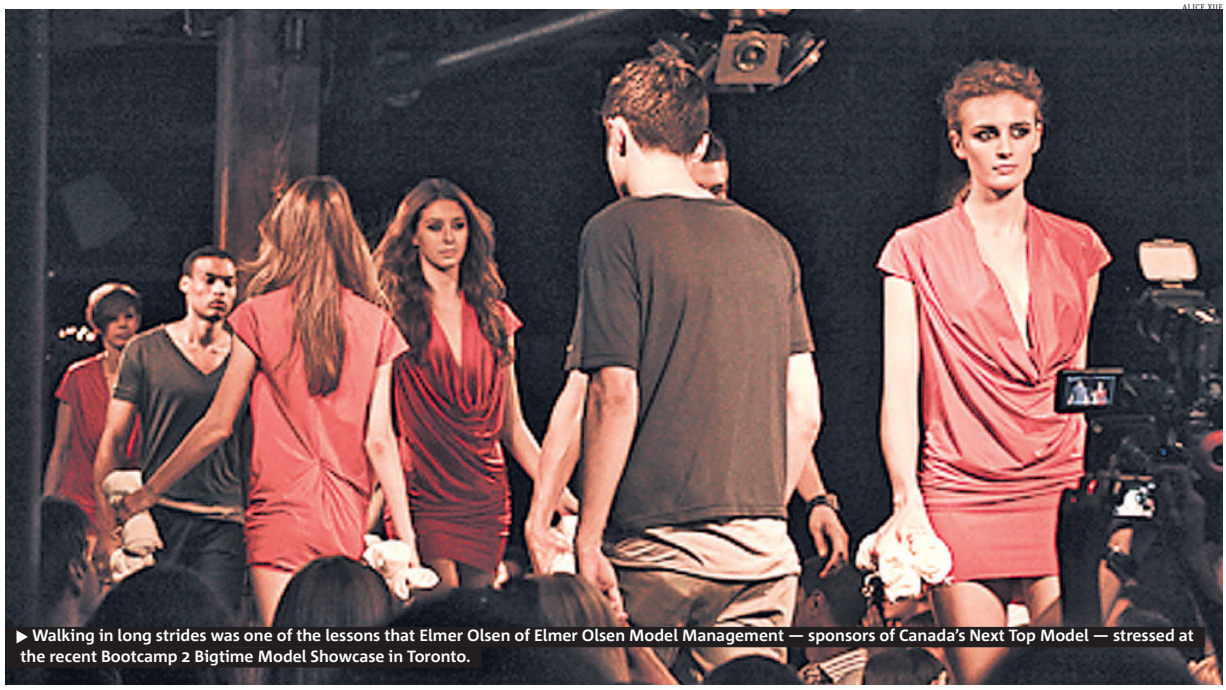
STEP 3:
Shop faster – just Tap & Go®

MasterCard
mastercard.ca/check4paypass

PETRO-CANADA | Tim Hortons | REAL CANADIAN Superstore | Use PayPass™ at these and other retailers

®/™ MasterCard and Tap & Go are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. ©2010 MasterCard International Incorporated. All trademarks are the property of their respective owners and are used with permission. ®Real Canadian Superstore is a registered trademark of Loblaws Inc.
Petro-Canada is a Suncor Energy business
™Trademark of Suncor Energy Inc. Used under licence.
®Tim Hortons is a registered trademark of the TDL Marks Corporation.

3 life



ALICE XUE

▶ Walking in long strides was one of the lessons that Elmer Olsen of Elmer Olsen Model Management — sponsors of Canada's Next Top Model — stressed at the recent Bootcamp 2 Bigtime Model Showcase in Toronto.

'Newest and brightest' talent

Elmer Olsen Model Management recently held its fourth annual Bootcamp 2 Bigtime Model Showcase ◗ Keynote speakers shared their runway stories and secrets to success

JULIA TEELUCK
LIFE@METRONEWS.CA

The spotlight hit the stage. The packed audience grew silent in anticipation as the graduates of Elmer Olsen's Bootcamp 2 Bigtime stepped onto the runway like seasoned professionals at This is London nightclub.

International modeling agents and other fashion industry professionals perused the fresh new faces. Was the next big star in the industry on the stage?

The models showcased Greta Constantine designs — the females were draped in red dresses and the males were dressed in stylishly cut jeans and tees.

Just hours earlier, the group had gone through Bootcamp 2 Bigtime, a day of training for Elmer Olsen's "newest and brightest" talent. Models were offered a rare opportunity to receive advice from industry experts and to meet major agents from New York, Paris, Milan, London, Germany and Tokyo.

Elmer Olsen Model Management is one of the top modeling agencies in Canada and the sponsoring agency of Canada's Next Top Model. The agency held its fourth annual Bootcamp 2 Bigtime Model Showcase last month at the Hyatt Regency hotel in Toronto. The fashion show at This is London concluded the event.

The day started with runway lessons at the Hyatt. "And you girls thought walking was easy," laughed Elmer as he coached a group of aspiring models in the art of perfecting the walk. "Longer strides," he called out. Runway lessons were followed by a lecture series. Among the speakers were international photographer Christopher Wadsworth, and fashion designers Kirk Pickersgill and Stephen Wong of Greta Constantine.

The speakers all agreed that personality is a key component of success in the business. Personality is expressed as a positive attitude and is crucial to a successful model's career. If a model is having a bad day, she has to carry on as though everything is fine. "Modeling is unbelievably difficult," Elmer said, "because you're always 'on.'" In his speech Stephen added, "You have to be professional. It's a job."

Amanda, Jessica, Elise and Taras, all successful Elmer Olsen models, were on hand to share their experiences and offer advice. Models often travel to foreign cities for international shows. "It can get quite lonely," Elise said. But she reassured the group that the benefits of modeling, like the life experience, far outweigh any difficulties.

Another issue for models is maintaining a required weight. Dean Rodgers, an agent at the Marilyn Agency in New York, cautioned that although weight still matters, there's a fine line between thin and too thin. Although designers want their clothing to drape on the runway, they do not want a girl who looks sick. "Being too thin is dangerous and does not guarantee success," he said.

What does it take?

What takes a good model to international stardom?

▶ **She should be** 5'10" to 6' — perfect height is 5'11" — with small hips and long, long legs with small ankles, extra slim legs compared to the average. And small busts work better for big designers.

▶ **She must have some** sense of magic — perhaps an other worldliness she projects in her pictures, or a sparkle in the eye. It's so hard to describe, "but trust me, I know it when I see it," says Elmer Olsen. "Think about the unmistakable quality of undone elegance like Daria Werbowy, or the cool tomboy likeability of Amanda Laine."

"It's your agent's or manager's job to get you in the door, and the model's job to take it from there. Clients want to work with someone who has a great personality. If you think about it, they're spending all day and sometimes several days on a shoot, and they want to have someone who's enjoyable and professional to be around."
JESSICA LILLEMON
SCOUT, DEVELOPMENT DIVISION, IMG, NEW YORK

News in brief

From fine lines and crow's feet, to dark circles, puffiness, crepiness, discolourations, redness and irritation, Prevage Eye Advanced Anti-Age Serum tackles all the ailments of this tender area with its highly restorative moisturizing ingredients. Prevage hits The Bay, Sears and Shoppers Drug Mart counters starting next month. ($120/15ml)

METRO

Models to walk the runway to challenge fashion industry's idea of beauty

A purse with personality

Changing a handbag to match your outfit, occasion or even mood is something most women love to do Now a new purse line makes it easier than ever with magnetic "shells"

ANN-MARIE COLACINO
LIFE@METRONEWS.CA

Women love to change their purses to match certain outfits or suit a particular outing.

The problem is, of course the expense of buying so many different bags and the common setback of forgetting to transfer all contents when switching styles.

A revolutionary new purse called the Miche Bag helps solve these issues by providing base bags (in varying sizes) with changeable magnetic covers or "shells" that offer different patterns and colours. So you buy the base bag ($100) — available in small (Classic) or large (Max) — which comes with three cover changes for the Classic and two for the Max.

Then you can purchase additional shells if you like ($25 to $50 each).

Here's a diagram of how it works as well as a few of of Metro's favourite Miche Bag covers:

Ashley, $25
Brown floral pattern textile with full ends and brown faux leather closure. (Classic shell)

Ellie. $25
Sexy red faux leather reptile print shell includes large silver buckle detail on front. Also available in black. (Classic shell)

Wendi, $50
A taupe two-tone faux leather shell with stamped pattern with cream accents. (Max Shell)

Katheryn, $50
A chocolate brown faux leather shell with pleating, side pockets and over-flap. Small black details are placed throughout the design. (Max shell)

Available online at michebag.ca

already started the grill?

g

M&M MEAT SHOPS
www.mmmeatshops.com

say hello to Visa payWave. a secure, faster way to pay. just wave and go when you see this symbol:

more people go with Visa*
visit visa.ca/paywave
VISA

*Visa claim based upon global number of general purpose cards, number of transactions and purchase volume. M&M Meat Shops and M&M are registered trademarks of M&M Meat Shops Ltd. ©2010 M&M Meat Shops Ltd.

Wood is essential to decor

HOMES IN STYLE

JENNIFER BILL
HOME@METRONEWS.CA

From floors to furniture, to ordinary and exotic, wood adds a warm, natural elegance to a room and an organic pattern that goes with virtually anything.

The more unusual a wood, the grander a statement it makes. Seek out the decadent-sounding cherry, pear, maple or walnut, or the lush rosewood, wenge, ebony or mahogany. No matter your preference, wood should be considered a staple in decor, says Toronto designer Frances Freund, B.I.D.

"Whenever decorating wood should be a part of what you're doing," says Freund, of Frances Freund Interior Design. "Wood is a main player. It belongs in every interior … Your interior becomes boring if you do the same materials. You need to have a combination of things for … integrity."

1

2

3

4

5

6

7

8

1 WEST ELM $9-24
These bowls are richly grained acacia wood with a bleached finish. westelm.com.

2 URBAN BARN $449
The Kolbo Living Room Collection offers oak veneer, smooth espresso finish and smoked glass accents. urbanbarn.ca

3 URBAN BARN $169
The Cantina Counter Chair is made from exotic Malaysian rubber wood. urbanbarn.ca.

4 ETSY $650
The Inlaid Mahogany Table by Xenasdad has character. etsy.com/shop/xenasdad.

5 WEST ELM $19-29
These mango wood Log Vases are natural beauties westelm.com.

6 WEST ELM $119
Save space in style with the versatile Stackable Chairs westelm.com.

7 URBAN BARN $329
The Maurya Bench, made of mango wood, provides excellent sturdiness and style. urbanbarn.ca.

8 CANADIAN TIRE $19
Check out the Debbie Travis Retro Wood Clock — which has metallic-effect time markers are directly onto the glass. canadiantire.ca.

A beautiful new, affordable, 55 plus apartment in Bridgeland, now open!

Willow Park on the Bow
30 – 11th St. NE

One bedroom suites available in a variety of spacious layouts on four floors.

Space is limited!

Willow Park on the Bow is a pet free, non smoking, concrete building featuring dining and private meeting rooms, extensive landscaping, exercise area and security system.

Show suite open 7 days a week

WILLOW PARK on the bow
Housing for Seniors

Call 403-262-6295 for rental inquiries.

The 2011 IKEA Catalogue arrives August 9th.

IKEA®

Any space can be beautiful.

© Inter IKEA Systems B.V. 2010

7:08 p.m.: your dream girl says yes!

7:09 p.m.: now you need the dream home.

7:10 p.m.
Time for **mortgage** advice.

With longer branch hours and Mobile Mortgage Specialists that come to you, getting mortgage advice is convenient.

At TD Canada Trust we would like to add to the excitement of buying your first home, not the stress. So when it's time to discuss your mortgage options, you can meet with one of our in-branch representatives 8 'til late six days straight (check our website for individual branch hours). Or one of our Mobile Mortgage Specialists can come to you, days, evenings, weekends, even outside of branch hours. Just tell us the "where" and "when" that works for you, and we'll help you understand the "how". It's just another way we're making banking more comfortable.

Visit any branch or call a Mobile Mortgage Specialist at 1-888-660-5965. www.tdcanadatrust.com/myhome

TD Canada Trust
Banking can be this comfortable

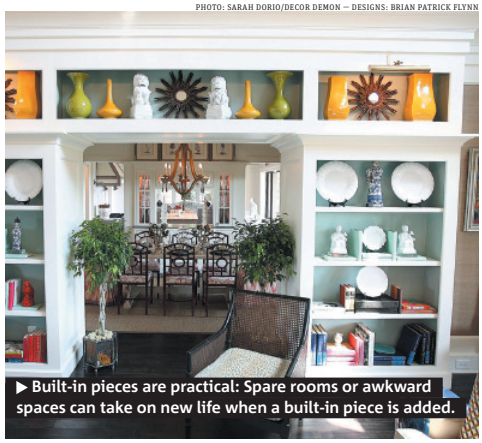
How to save on built-ins

"If people want to go the extra mile and go with walnut or high-end exotic wood, you can," Flynn says. But a custom interior for a walk-in closet can be done beautifully and affordably with stain-grade plywood trimmed with MDF (medium-density fibreboard).

THE CANADIAN PRESS

Built-in book shelves are big on character

PHOTO: SARAH DORIO/DECOR DEMON — DESIGNS: BRIAN PATRICK FLYNN



▶ Built-in pieces are practical: Spare rooms or awkward spaces can take on new life when a built-in piece is added.

Interior designer Betsy Burnham doesn't buy many bookcases these days. She's more likely to create built-in bookshelves

"I find so many of my clients are really interested in built-ins," says Burnham.

The popularity of custom, built-in pieces may be a backlash against the cookie-cutter conformity of furniture at many retailers. But for some homeowners, choosing a built-in piece is just practical: Small spare rooms or awkward spaces can take on new life when a built-in is added.

Custom-designed items may seem too costly to be practical. But if you make the right choices, says designer Brian Flynn, "built-ins don't have to be expensive. Everybody hears 'custom' and they freak out," Flynn says, but it's possible to create something beautiful using lower-priced materials.

Small area, big impact

"Built-ins are great for opening up possibilities in small spaces," says interior designer Mallory Mathison. Depending on your interests a small corner can become anything from a wine closet to a children's "art closet." THE CANADIAN PRESS

TOP 5 PLUMBER
RECOMMENDED BY METRO READERS

ABACUS PLUMBING LTD
"Wonderful service! Never call another plumber again."

PETE THE PLUMBER
"Great service and you can test and check out your options in their showroom."

ADRIAN HUDDER
"I have trusted this company with four of my property's for the past three years, and will bring them another three years of business."

SCOTT RIDDELL
"They offer plumbing & gas-fitting – and are the best!"

HARRY FARRELL
"Harry is a great plumber; he's timely, reliable and honest. I've hired him for my own property as well other rental property and he's done a great job."

NEXT WEEK'S TOP 5 – MECHANICS
Recommend your Mechanic by Friday and you could WIN A HP MINI 10.1" NETBOOK!
TO ENTER VISIT METRONEWS.CA/GIGPARK
Powered by metro and gigpark

Service Directory
To advertise contact Blaine Schlechter at 403-444-0136

FINANCIAL

NEED MONEY?
✓No credit checks
✓Fast approvals
Call 1 866 499-5629
And get cash now!!
www.mynextpay.com

BROKERS national 500 loan service
by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.
Call toll free:
1-877-776-1660
www.moneyprovider.com

PSYCHICS

MYSTIC EYE SPIRITUAL READINGS
57 YEARS EXPERIENCE
100% Guaranteed Results
Come in today for a better tomorrow
SPECIALIZING IN REUNITING LOVED ONES
REMOVES ALL BAD LUCK SPELLS AND NEGATIVE ENERGY
1/2 price SPECIAL
Palm • Tarot • Energy Readings
403.228.2258 BY APPOINTMENT ONLY
SOLVE ALL PROBLEMS OF LIFE

MR. HADY
SPIRITUAL PSYCHIC HEALER
Reuniting Loved Ones
Success In Life, Gambling
Court Cases
Remove Spells, Protection
Guaranteed Paid After Results
403-554-9245

ADMITTING YOU WANT TO WIN PRIZES & GET GREAT DISCOUNTS IS THE FIRST STEP.
JOIN CLUB METRO TODAY!
CLUBMETRO.COM
club metro

Apartment Finder
To advertise contact Warren Smith at 403-539-4948

MAYFAIR PLACE
6707 ELBOW DR.SW
1, 2 & 3 bedroom suites from $959
Prime location, minutes from Chinook Shopping Centre
Magnificent views
Indoor pool, sauna & fitness
Rooftop sun deck, with BBQ grill and picnic area
On-site medical & dental offices
403-252-5272 www.caprent.com caprent.mobi

Bonaventure Estates
9100 Bonaventure Dr. SE
1 & 2 bedrooms suites from $949
Fitness centre & squash/racquetball courts
Fireplaces in garden suites
Fridge, stove & dishwasher
Laundry facilities on every floor
Minutes from LRT & all major bus routes
Steps from shops, restaurants & amenities
Close to Macleod trail
403-255-0060 www.caprent.com caprent.mobi

QUEENS PARK VILLAGE
501–40th Ave.NW
2 & 3 BEDROOM TOWNHOMES from $1000
Large units with patios or decks
Fridge, stove, washer & dryer
Some units with dishwasher
Close to bike paths
Close to schools, restaurants, U of C and transit
Parking available
403-220-9317 www.caprent.com caprent.mobi

Holly Acres 4501-37th St.NW
Heat, water, electricity and basic cable included
Quiet Cul de Sac
Great for families
Some with balconies and beautiful patios
Close to U of C, Market Mall, Brentwood area & Alberta's children's hospital
Beautiful mountain views
1 & 2 bedrooms from $899
403-288-5826 www.caprent.com caprent.mobi

PENTLAND PLACE
924 7th AVENUE SW
CALGARY, AB
403 • 262 • 5855
One Bedrooms from $915
Two Bedrooms from $1109
ASK ABOUT OUR MOVE IN BONUS
• LRT at your front door, bus stop at the building
• Shopping, Cafes and restaurants just steps away
• Many local parks nearby
• Affordable and comfortable, friendly professional staff
• Close to The Science Centre and Prince's Island
www.caprent.com

"ONE OF THE BEST NEWS APPS"
"Really cool. Lets you read articles offline too!" – *Real user review*
The free Metro Canada application is available on the *App Store*.
Don't have an iPhone or iPod touch? Visit m.metronews.ca for news on the move.
metronews.ca
Available on the App Store

Fresh, speedy and tasty pho at Basil Ultimate

ANDREE LAU/FOR METRO CALGARY

▶ Beef sate pho from Basil Ultimate Pho.

Under 10 minutes from order to food arriving Try the beef sate

LUNCH RUSH

ANDREE LAU
FOOD@METRONEWS.CA

The former owners of Pho Dau Bo satiate old regulars and new devotees in this spacious, modern, and open-kitchen Vietnamese eatery.

Basil's pho (Vietnam's signature comfort soup noodles) is superb. The basic broth is clear and full of flavour — a result of hours of simmering beef bones with star anise, cinnamon, and ginger — but not oily or laden with MSG.

Bowls are one size only — large. The house combo pho ($8.50) features quality cuts of steak, flank, tendon, tripe, and beef balls, mixed with your addition of bean sprouts, basil and chili peppers.

Beef sate pho ($9.50) is the best I've found in the city so far. While others serve a watery chili oil base, Basil's creamy sate soup has a more balanced mix of heat and peanut sauce for a complex kick.

With speedy service (well under 10 minutes from ordering to food arriving), Basil also offers spring rolls, banh mi (subs) and other noodle and rice dishes.

Basil Ultimate Pho
2770 32nd Ave. N.E., (403) 457-0808
Rating: 3 ½ out of 5
Time in: 12:55 p.m.
Time out: 1:36 p.m.
Low $: Spring rolls, $5.95
High $: Sate vermicelli combo, $12.95

Garlic-Balsamic Chicken Kebabs

▶ Garlic-Balsamic Chicken Kebabs.

Yields 4
Start to finish 120 min.
Active: 20 min.

Ingredients :
- 1/4 cup olive oil
- 1/4 cup white balsamic vinegar
- 1/4 cup dry white wine
- 1/2 tsp hot sauce
- 2 tbsp hoisin sauce
- 4 cloves garlic
- 1/2 tsp salt
- 1/2 tsp whole black peppercorns
- 1 tbsp grated fresh ginger
- 625 g (1 1/4 lb) boneless, skinless chicken breasts
- 1 large red onion

Preparation:

1. In a blender, combine olive oil, vinegar, wine, hot sauce, hoisin, garlic, salt, peppercorns and ginger. Puree until smooth. Reserve half of the marinade.
2. Into a large bowl, pour remaining marinade. Add chicken and onion, then stir gently to coat. Cover and refrigerate for about 1 1/2 hours.
3. When chicken is ready, heat grill to high. Oil grates or coat them with cooking spray.
4. Divide meat and onion chunks among 4 skewers. Reduce heat on one side of the grill to low. Arrange skewers on the cooler side of the grill, then cover and cook for 6 minutes, turning frequently. Serve skewers with the reserved marinade for dipping.

THE ASSOCIATED PRESS

JUGO JUICE
cheers to salads
NEW!
(leafy is out. fibre is in.)
Wild Rice & Soybean
in an Asian sesame soy
Chickpea
in a tangy citrus dressing
Bulgar Wheat
in a Mediterranean style vinaigrette
Pair your salad with a smoothie for a satisfying summer lunch!
jugojuice.com

4 sports

Tweets don't impress Lions DB

B.C. Lions defensive back Korey Banks doesn't need Twitter to get his message across.

The sharp-tongued Banks didn't hesitate to give his opinion of Nik Lewis and some of the messages the Calgary Stampeders receiver recently sent on his Twitter account.

"First of all, Nik Lewis is an idiot," Banks said after the Lions practiced yesterday for their game this weekend against Calgary.

"I ain't scared to say it.

"Football is played between the lines. It's not played with your fingers and a computer."

Banks wasn't happy with a tweet Lewis sent during the Lions loss last week to the Edmonton Eskimos.

"Does anyone in B.C.'s defensive backfield hit anybody above the knees," Lewis wrote.

Banks had an easy solution to Lewis's concerns.

"If you don't want to get hit low, be a quarterback," Banks said.

"What it means is, he's 230 pounds and he wants you to hit him head up I guess. Where do you do that? Nowhere.

"There is no limitation where you can hit people at when they get the ball. It's a waste of breath for him to say that."

Lewis, who is listed at 205 pounds, has 31 catches for 421 yards and three touchdowns, as the Stampeders have leaped out to a 4-1 record so far this season.

That doesn't impress Banks.

"When guys have a little success they tend to feel themselves," said the 190-pound, seven-year veteran who has 17 tackles and two forced fumbles for the 1-4 Lions.

"Did he have anything to say last year when he didn't have any catches around this time, no touchdowns? No."

THE CANADIAN PRESS

STAMPEDERS | LIONS

▶ **Time:** 8 p.m. on Saturday
Channel: TSN

Quoted

"It's just another one on my stats. It's important to him."
SHAUN MARCUM, ON GIVING UP ALEX RODRIGUEZ'S 600TH HOME RUN. MARCUM SAID THE HOMER CAME ON A CUT FASTBALL.

"A lot of good things for him to come. He's got another 15 years. You never know how many he's going to hit."
DEREK JETER, SUGGESTING TEAMMATE RODRIGUEZ COULD PLAY UNTIL HE'S 50.

A-Rod reaches 600 with plenty of style

Jay's Marcum gives up homer in first inning Rodriguez becomes youngest to join exclusive club

1	5
BLUE JAYS	YANKEES

Alex Rodriguez added his own memento to Monument Park, even though retirement remains years off.

After struggling to hit his 600th home run, A-Rod reached the milestone with his usual dramatic flair. He became the youngest player to attain the mighty mark and did it by driving a pitch over Yankee Stadium's centre-field fence and into the area where the pinstriped greats are remembered.

And, remarkably, he did it exactly three years to the day after his 500th homer.

His two-run, first-inning drive off Toronto's Shaun Marcum put New York ahead, and the Yankees coasted to a 5-1 victory over the Blue Jays on a sweltering afternoon. The win ended the Yankees' three-game losing streak.

Rodriguez went 9-for-46 after homering July 22, the longest stretch between Nos. 599 and 600 for any of the seven to reach the mark. He was hitless in his last 17 at-bats.

"It was a relief just to put it past me," Rodriguez said after the game.

"There's no question I was pressing 'cause I wanted to get it out of the way."

A-Rod reached the milestone after a 12-game drought, connecting with a 2-0 pitch over the middle of the plate for his 17th home run of the season.

THE ASSOCIATED PRESS

KATHY WILLENS/THE ASSOCIATED PRESS

▶ Alex Rodriguez connects on his 600th career home run yesterday.

ACCESS LEGAL RESEARCH INC.
• CRIMINAL PARDON /U.S. WAIVER
• SEPARATION AGREEMENTS
• LAND TRANSFERS
• LOW COST NO FAULT DIVORCE
• SMALL CLAIMS COURT TO 25K
CALL 403-228-2469

Shaq signs deal with Celtics

Shaquille O'Neal has changed The Big Three of the Boston Celtics into a Very Big Four.

The seven-foot-one, 325-pound centre in the twilight of a brilliant career is coming to the Eastern Conference champions.

O'Neal signed a two-year contract worth about $3 million US yesterday, a person with knowledge of the negotiations said on condition of anonymity because no details were released.

Shaq's colourful career will end in Boston after 20 seasons if he completes his contract. THE ASSOCIATED PRESS

38 Shaquille O'Neal's age. He joins a group of 30-plus stars in Boston who are all likely headed for the Hall of Fame: Paul Pierce, 32; Kevin Garnett, 34; and Ray Allen, 35.

ELSA/GETTY IMAGES

▶ Shaquille O'Neal, 38, signed a two-year contract with the Celtics yesterday.

Sports in brief

Favre plans to play if healthy

FOOTBALL. Ready for another flip-flop? Brett Favre is planning to play for the Minnesota Vikings this season if his surgically repaired ankle allows it.

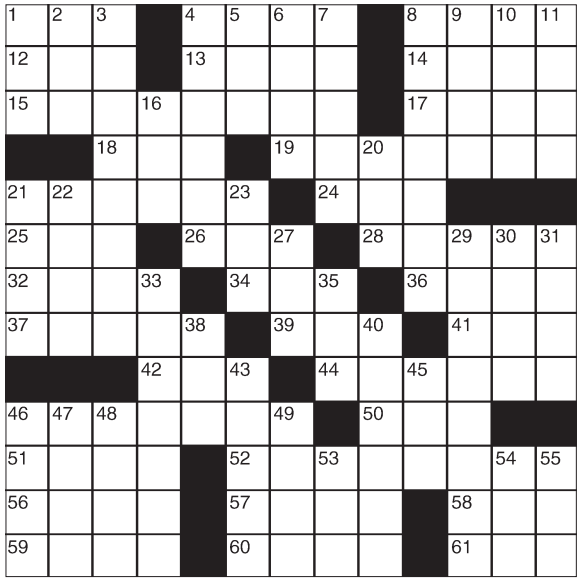
Vikings offensive co-ordinator Darrell Bevell and Favre's agent, Bus Cook, both said yesterday that the veteran quarterback plans to play if he is healthy.

THE ASSOCIATED PRESS

Cuban eyes Texas Rangers

BASKETBALL. Billionaire Dallas Mavericks owner Mark Cuban launched an aggressive bid to buy the Texas Rangers yesterday, challenging a group led by Hall of Fame pitcher and team president Nolan Ryan. THE ASSOCIATED PRESS

Crossword



Across

1 Space
4 Enthusiasm
8 "Take — Train"
12 Ms. Thurman
13 Approximately
14 Sauce thickener
15 Element in laughing gas
17 Storybook villain
18 Run smoothly
19 Spray can
21 Investigated
24 Tear
25 Trail the pack
26 Accomplished
28 Transfer
32 Finished
34 Conger, e.g.
36 Portrayal
37 Doctrine
39 "Humbug!"
41 Depressed
42 Existed
44 Put on ice, maybe
46 Moods
50 Lingerie item
51 Singer Amos
52 X-ray discoverer
56 Settled down
57 Shakespearean baddie
58 Before
59 Got up
60 "No —" ("OK")
61 Arrest

Down

1 Pistol
2 Parisian pal
3 Disease cause
4 Raced
5 Work unit
6 Away from port
7 Unsocial type
8 State cop
9 Swine
10 Continental coin
11 Ice skater's leap
16 Abrade
20 Disencumber
21 Scenario
22 Carry on
23 Conk out
27 Society newbie
29 Cause of a fat lip?
30 Lotion additive
31 Lascivious
33 Edit in the extreme
35 Fond du —, WI
38 — chi
40 Mingle
43 Disrobe
45 Leftover scrap
46 Luminary
47 Game played on horses
48 Eye part
49 Take to the skies
53 Id counterpart
54 Historic period
55 Kan. neighbour

▶ Yesterday's answer

B	E	G	■	O	P	A	L	■	E	C	H	O
E	A	U	■	D	A	L	E	■	T	O	A	D
E	R	R	■	D	R	I	V	E	H	O	M	E
P	L	U	M	B	■	■	Y	O	N	■	■	■
■	■	■	M	A	G	I	■	N	I	T	E	R
H	O	M	E	L	A	N	D	■	C	O	L	A
A	B	A	■	L	U	C	I	A	■	R	A	T
P	E	R	U	■	L	A	N	D	L	I	N	E
S	Y	L	P	H	■	S	A	D	E	■	■	■
■	■	■	B	O	A	■	■	R	A	J	A	H
L	I	N	E	D	R	I	V	E	■	O	W	E
I	D	E	A	■	T	O	E	S	■	W	A	R
P	O	E	T	■	S	U	E	S	■	L	Y	E

Sudoku

6		9			7		8	
				4	2			3
5				1		2		
		8					9	
		2	8		1	3		
	3					5		
		5		7				6
7			2	5				
	9		4			7		5

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

6	9	2	7	4	3	8	5	1
5	3	8	1	6	2	4	7	9
1	4	7	5	9	8	2	6	3
3	2	5	4	8	1	6	9	7
8	1	9	6	7	5	3	2	4
7	6	4	2	3	9	1	8	5
2	8	1	3	5	7	9	4	6
9	5	6	8	1	4	7	3	2
4	7	3	9	2	6	5	1	8

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Matthew D, I love being your Geek! Marry Me **CRYSTAL DUBOIS**

My one & only Atuts to the B, Just want you to know how much I love you and how much you mean to me. Marrying you is the best thing that ever happened to me. My Darling with a capital D, hen I count my blessings, I count you twice. Love you loads, **NIPS**

Dear Nader, I am so happy to have you in my life. You are an awesome husband! Happy Birthday to you, and I wish you all the best! Love you! **NOUSHIN**

To the most important people in my life right now, my boys, Javon & Nakaii Danvers, you're the reason I breathe, my motivation to wake up every morning and face the world. I love you more than life itself. **LOVE MOM**

A look at the weather

TODAY	FRIDAY	SATURDAY
Min 8° Max 24°	Min 11° Max 28°	Min 12° Max 26°

Andrew Schultz, Meteorologist
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 6AM**

BT BREAKFAST TELEVISION

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 19 The planets are generally in your favour at the moment but you must not take too much for granted. Today's omens warn you could be in serious trouble if you gamble unwisely.

♉ Taurus April 20-May 21 Both at home and at work you would be wise to play safe today, even in situations where you feel you are in control.

♊ Gemini May 22-June 21 There are days when it seems as if the whole world is against you but deep down you know it isn't true. One particular person may be giving you a hard time.

♋ Cancer June 22-July 22 Good news on the money front will lift your spirits and give you an excuse to go out and celebrate. But don't celebrate so much that you find yourself in debt again.

♌ Leo July 23-Aug.23 The more others say you are doing something wrong the more convinced you will be that you are doing it right. Only you know what your long-term aim is, so only you can decide on the best way to reach it.

♍ Virgo Aug. 24- Sept. 22 Because the Sun is transiting the most sensitive area of your chart at the moment you seem to be spending a lot of time looking back. That's okay — the more you look back now the quicker you will move forwards later.

♎ Libra Sept. 23-Oct. 23 You'll get the red carpet treatment today and you thoroughly deserve it. But don't play the big star in front of people who resent your popularity.

♏ Scorpio Oct. 24-Nov. 22 It's good to believe that your future is bright but take care that your optimism does not get the better of you today.

♐ Sagittarius Nov. 23-Dec. 21 You are strongly advised to think before you act today. This may be one of the best times of the year for you but that does not mean you can abandon common sense — or common decency.

♑ Capricorn Dec. 22-Jan. 20 By all means compromise today but don't give in too easily and give others the impression that you can be manipulated. Negotiations will go better if you make the effort to bargain a bit. It's expected of you.

♒ Aquarius Jan. 21-Feb. 18 The effects of the past two days' worth of challenging aspects are still being felt, so you are advised to take it easy today. Everything is going according to plan – you really don't have to rush things.

♓ Pisces Feb. 19-March 20 If you want to break free of certain habits now is a good time to try. You may or may not succeed but you will gain valuable insights into what makes you tick. **SALLY BROMPTON**

Caption contest

THE ASSOCIATED PRESS

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

THE ASSOCIATED PRESS

"ONE OF THE BEST NEWS APPS"

"Really cool. Lets you read articles offline too!" – *Real user review*
The free Metro Canada application is available on the *App Store*.
Don't have an iPhone or iPod touch? Visit m.metronews.ca for news on the move.

Available on the App Store

metronews.ca

Voted the best mobile phone.[1] Now with an offer to match.

ONLY FROM BELL

Palm® Pre™ smartphone

3-yr. term	No term
$0[5]	$299.95

SAVE $299.95

with a $50 voice and data plan.

Get $15 off a Smartphone plan.

NOW $35/MO. | Save $540 over 36 months

- 100 anytime local minutes + 100 bonus minutes
- Unlimited nights & weekends (6pm–7am)
- 500 MB of data

Choice of one feature:

- Unlimited nationwide talk and text to and from 5 numbers[2]
- Unlimited text messages[3]
- Double anytime minutes

BONUS: Get 6 months of unlimited local talking.[4]

Voted the best mobile phone at the 2009 Consumer Electronics Show.

Visit a Bell store • 1 888 4-MOBILE (662453) • bell.ca

Bell saving just got better

Available at the following Bell stores:

BANFF
- Cascade Plaza

CALGARY
- 216 Saddletowne Circle
- 509 – 2nd St. S.W.
- 1002 – 17th Ave. S.W.
- 10603 – 107th Ave.
- 4801 Westwinds Dr.
- 9650 Harvest Hills Blvd. N.E.
- Beacon Hill Centre
- Chinook Centre
- Crowfoot Crossing
- Deer Valley Shopping Centre
- Deerfoot Meadows
- Deerfoot Outlet Mall
- Eaton Centre
- Forest Lawn Shopping Centre
- Market Mall
- Marlborough Mall (kiosk)
- North Hill Shopping Centre (kiosk)
- Northland Village
- Shawnessy Village
- Southcentre Mall
- Southcentre Mall (kiosk)
- Southpointe Shopping Centre
- South Trail Crossing
- Sunridge Mall
- Sunridge Mall (kiosk)
- Westbrook Mall

CANMORE
- 105 – 802nd Bow Valley Trail

EDMONTON
- 3918 White Mud & 17th St.
- 6143 – 28th Ave.
- 9774 – 170th St.
- 10157 – 101st St.
- 10603 – 107th Ave.
- 17551 – 100th Ave.
- 12804 – 82nd St.
- 14808 Stony Plain Rd.
- 18559 Stony Plain Rd.
- Abbottsfield Shoppers Mall
- Bonnie Doon
- Capilano Mall
- Edmonton City Centre
- Edmonton City Centre (kiosk II)
- Kingsway Garden Mall
- Londonderry Mall
- Mill Woods Town Centre
- Northgate Centre
- Northgate Centre (kiosk)
- Sherwood Park Mall
- South Edmonton Common
- South Park Centre
- Southgate Mall (kiosk)
- St. Albert Centre
- St. Albert Trail at 137th Ave.
- West Edmonton Mall
- Westmount Centre
- Whyte Avenue at 107th St.

FORT MCMURRAY
- 19 Riedel St.
- Peter Pond Shopping Centre

GRANDE PRAIRIE
- Prairie Mall

LEDUC
- 4916 – 50th Ave.

LETHBRIDGE
- Park Place
- SmartCenters Lethbridge

LLOYDMINSTER
- Lloyd Mall

MEDICINE HAT
- Carry Drive Plaza
- Medicine Hat Mall

PEACE RIVER
- 10032 – 100th St.

RED DEER
- Bower Place Shopping Centre
- Parkland Mall

ROCKY VIEW
- Crossiron Mills Mall

SPRUCE GROVE
- Creekside Centre

ST-ALBERT
- 460 – 140th St-Albert Rd.

WHITECOURT
- 3301 – 37th Ave.

Also available at these retailers:

BEST BUY · BEST BUY mobile your phone, your way · FUTURE SHOP · THE SOURCE · booth the telephone booth · Visions Electronics · Available at Walmart Save money. Live better. · WIRELESSWAVE

Offer ends August 5, 2010; with new activation. Available with compatible devices within network coverage areas available from Bell Mobility. Long distance and roaming charges (including foreign taxes) may apply outside your local area. Other monthly fees, e.g., 911 (Quebec: $0.40, New Brunswick: $0.53, Nova Scotia: $0.43, P.E.I.: $0.50), and one-time device activation ($35) apply. Paper bill service charge ($2/mo.) applies unless you register for e-bill and cancel your paper bill. Upon early termination, price adjustments apply; see your Service Agreement for details. Subject to change without notice; not combinable with other offers. Taxes extra. Other conditions apply. **(1)** Based on phones evaluated at the Consumer Electronics Show 2009. **(2)** Applies to local and Canadian long distance calls and text messages made to and from five numbers chosen by the customer. **(3)** Sent messages include domestic text messages and exclude international, roaming, alerts, premium text messages and messages sent with an instant messaging application. Roaming messages include international GSM, CDMA and U.S. CDMA messages. Received messages include domestic, international, roaming and service related messages from Bell and exclude premium, alerts or dial-up messages. Out of bundle charges may apply. Data usage charges apply to picture & video messages. **(4)** With a 3-yr. term on a post-paid voice. **(5)** With new activation on a post-paid voice and data plan or a post-paid voice plan and a data feature with a min. value of $50/mo. Palm and Pre are among the trademarks or registered trademarks owned by or licensed to Palm, Inc.